



# International Institute & School of Reflex Therapy/ Temprana Rehabilitation

Lone Sorensen

# Family well-being and happiness



# Lone Sorensen

1- Objective:  
To facilitate short education for women

2- Objective:  
To educate professional therapists in the area of special needs and  
Rehabilitation

## Introduction

I will like to present the interest of my International Institute and School LONE SORENSEN SL. It is an Institute and School of Reflex & Temprana Therapy with experience and profile since 1978 and the largest in this field.

The institute was established in 1978 in Copenhagen, Denmark, to teach and apply Reflex therapies; face, foot and hand.

In researching Reflex therapy, I have developed Face Reflex Therapy, Neuro- Foot Reflex Therapy and Temprana Reflex Therapy, a variant of modern Reflex therapy for health and rehabilitation.

I have treated and supervised more than 150,000 patients and my international school has more than 12,000 students in 21 countries educated by 34 special trained instructors.

I received in 2001 three Nobility Titles from the O.M.H.S in Argentina for my work with Reflex Therapy in Argentina.

Yours sincerely,  
Lone Sorensen  
Director of The International Institute of Reflex & Temprana Therapy SL,  
Barcelona, Spain.  
[www.reflexologiacacial.es](http://www.reflexologiacacial.es) [www.temprana.org](http://www.temprana.org)

Lone Sorensen is a therapist educated in reflex therapy, acupuncture, kinesiology, Color light / Photo therapy and neurology. Working in Denmark since 1978, then in France, Chile, Germany, Argentina and Cuba. She has 10 years of work experience in Denmark, 13 years in Argentina and 15 years in Spain.



The International School of Reflex Therapy has 4 departments:

Professional education of Reflex therapy and Color light therapy  
Family self-care and home training courses  
Sport Reflex therapy  
Professional Rehabilitation education

High standard of professional education and treatment world wide.....

Health - Reflex therapy and Color Light/Photo therapy and professional edcation and family courses of natural treatments is designed to assess the underlying causes of health discomforts as well as treating the symptoms. Physical, hormonal and emotional status.

Rehabilitation professional education and parents /family courses - Face, Hand and Foot Reflex stimulus accelerates the body function and helps in enhancing natural processes. The International Institute of Temprana Reflex Therapy applies this treatment very successfully to babies, children and adults suffering dysfunctions of the brain and nerve system dysfunctions.

The Institute / School designed 12.000 pages of teaching material in 14 languages.

At the moment Lone Sorensen teaches her methods in England, Ireland, Spain, Denmark, Sweden, Holland, Poland, Bosnia, Slovenia, Greece, Abu Dhabi, Oman, Jordan, Turkey, USA, Australia, Canada, Mexico, Argentina, Hong Kong and Japan.

# Professional education REFLEX Therapy for Health

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**Neuro Reflex Therapy** is a modern creation by Lone Sorensen, based in more than 30 years experience working with **micro reflex maps and health's philosophy from many cultures** around the world.

Neuro Reflex Therapy offers treatment concepts at the highest international level of Reflex Therapy that allows efficient and rapid results whether it is the body's outer or inner state.

Professional planned treatment protocols lead the individual client to a climax of physical optimal state regulating the body's biochemical, hormonal and organ functions. The treatment relaxes muscles and increases blood and lymphatic system.

**Reflex Therapy** is a method of balancing the electrical signals in the body - a manual treatment used to stimulate specific body and brain functions using reflex areas and points on face, feet and hands - just like using the keyboard of a computer. Like a computer the brain processes are extremely fast and increased amount of stimulations can be run in a short time, allowing great results very quickly.

**Reflex Therapy** stimulates the functional entity of interconnected neurons that influence each other - the process usually used to model complex relationships between inputs and outputs.

**Reflex Therapy** is a support for patients with problems of intoxication, as antibacterial, anti-inflammatory, for Alzheimer, asthma, increasing immune system, cancer including leukemia, gastrointestinal problems, neurological problems, liver - and renal dysfunction, ulcers, rheumatism and bone problems and other dysfunctions of the body.



## Facial Reflex Therapy

is a modern technique that mainly works on solving the cause of an illness. It means that instead of treating symptoms, the organic, physical and emotional unbalances, the same that are the cause of many diseases, are analysed and treated.

The methodology that is being used has passed for long periods of personal investigation and is a combined method that includes the aboriginal primitive techniques, the oriental medicine and the most modern research in neuro-anatomy.

Through stimulation it is possible to send impulses via the central nervous system to certain organs in order to increase the blood flow, regulate the body's own chemistry and treat the emotional state of a person. It is also possible to obtain a detailed analysis of the patient's health as a part of the same methodology.

Facial Reflex Therapy is used for:

- **Central Nerve System**
- **Brain functions**
- **Hormonal system**
- **Immune system**



## TCM & Neuro Foot Reflex Therapy

This concept combines Oriental theory and the Central Nervous System into an application of a high professional treatment.

The Central Nervous System reflects zones on the surface of the body related to the meridians and points.

By palpation of the zones it is possible to notice increased or decreased reflexes and differences in tissue quality and the therapist can figuratively read the body map - the situation of the body - from the feet.

This helps in locating and treating the cause of a health problem and also helps in differentiating between primary and secondary symptoms."

TCM & Neuro Foot Reflex Therapy is for:

- Increasing the blood circulation and the lymphatic system
- Reducing muscle fatigue, muscle seizure and cramping
- Reducing muscle stiffness
- Reducing inflammation and pain



## Neuro Hand Reflex Therapy

Hand Reflex Therapy contributes to the maintenance of a person's health. It is possible to perform self treatment or treat family members.

Hand Reflex Therapy is very effective in treating a wide range of ailments such as Alzheimer, Dementia, Prakinsons, infertility, rheumatic arthritis, and allergy.

Hand Reflex Therapy treatment can play a useful part in complementing Western Medicine by alleviating pain.

Neuro Hand Reflex Therapy is used for:

- Pain
- Brain functions
- Hormonal system
- Immune system



# Mother & Baby Facial Reflex Therapy course

Effective and natural method of Facial Reflex therapy for newborn and premature babies.

This is for students, enjoying working with newborn and children.

It's a course for Facial Reflex and Foot Reflex therapy professionals, Midwives or Nurses.

**AN EXCELENT TOOL TO HELP FAMILIES OVERCOMING A NEW SITUATION BY HELPING BABY, MOTHER, FATHER AND EVEN BROTHERS AND SISTERS.**

Mother & Baby Reflex Therapy is used for:

- Helping mothers though the physical and hormonal aspects of giving birth
- Helping baby during the first year by overcoming the various immature features





increase visual function.....

## Ocular Reflex therapy

The use of a Facial Reflex Therapy treatment along with specific nerve and acupressure points around the eyes has been shown to be extremely effective for many eye conditions.

Experience has shown that it is especially effective for treating conditions of degenerative vision loss.

This treatment is called Ocular Reflex Therapy.

Ocular Reflex Therapy is based on manual experiential nerve points and acupressure points prescriptions for specific patterns and medical eye dysfunction conditions.





**and 30 superior courses more.....**



# Parent SPECIAL CARE & Family Reflex home training- course



# Parent SPECIAL CARE Reflex home training Method Lone Sorensen

Reflex home training is a practical, hands-on course that teaches parents skills that are immediately usable.

Reflex home training also gives parents a strong method to fall back on in high stress moments.

Reflex home training - problem solving method which are practical, logical and applicable to any age, gender, race, religion and economic status of the parent and child.

It is an active non conflict resolution method for specific situations, such as:

Learning difficulties

Autism

ADHD

ADD

Behavior problems

Aggressivity

Speech problems

Stuttering

Dyslexia, Dyscalculia

Hyperactivity

Electronic obsessive syndrome

OCD

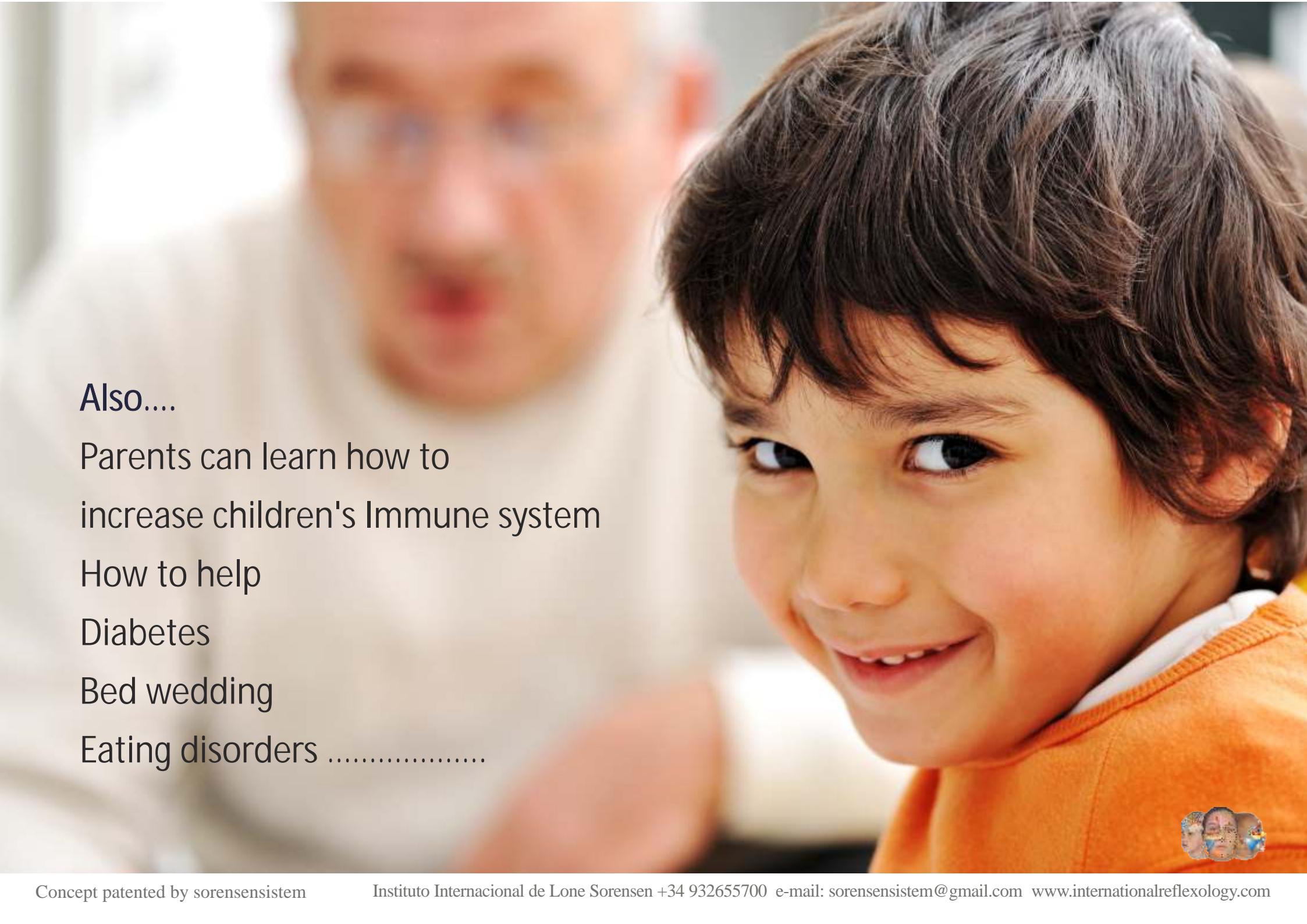
Tourette

Parents Reflex therapy home training:

- Parent Reflex home training is an investment in the family
- Parents Reflex home training makes possible deeper connections between parents and children
- Parents Reflex home training empowers parents to raise children who act out of consideration for others, rather than to avoid punishment or to get a reward
- Parents Reflex home training gives parents real, long-lasting influence in their children's live- even through the teenage years

This program is taught only by instructors certified by the International Institute of Reflex Therapy Lone Sorensen.

Class consists of lectures, demonstrations, practical exercises in an 8 to 12-hour program.



Also....

Parents can learn how to  
increase children's Immune system

How to help

Diabetes

Bed wedding

Eating disorders .....



## Hand Reflex Therapy Family course for elderly home care

The method provides intensive home workout program for adults with acquired brain injury, post traumatic syndrome and neurological disorder, for Dementia, Alzheimer, Parkinsons etc.

But Reflex Therapy also helps alleviate common physical and mental disorders.



# REFLEX THERAPY FOR ELDERLY HOME CARE

Self-care individual to promote and maintain personal well-being

throughout **life**



**FACIAL** Reflex Therapy

Family course for  
women self - care

Teach women to obtain a state likely  
meditation at the same time regulating  
the body funtions, such as:

Hormonal system

Immune system

Stress

Depression

Headache

Menstruation

AND MUCH MORE.....

## COURSES FOR PROFESSIONAL & HOME USE OF COLOR LIGHT THERAPY / PHOTOTHERAPY

Persistent symptoms generally require multiple treatments.

With the Tweaklite it is possible to perform COLOR LIGHT treatments whenever and wherever it suits!

The Tweaklite is an affordable, therapeutic instrument which is also perfect for home care.

An ancient, natural and safe method.

80 gr. Tweak for the handbag or pocket.

## COLOR PROFESSIONAL & HOME THERAPY

- join pain?
- lack of energy?
- inflammation?
- stiffness?
- impotence?

9 COLORS  
ALL IN ONE TWEAK  
for children and adults



Ideal for the entire family  
NATURAL METHOD sorensensistem

Ideal for professional  
and home use  
Ideal for discomforts  
Ideal for pain

# Temprana REFLEX Rehabilitation and Home training

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# Temprana Reflex Therapy



This concept significantly improve the health and wellbeing of the disabled children and their families

## TEMPRANA REFLEX THERAPY

### AN INNOVATIVE EFFECTIVE REHABILITATION CONCEPT OF REFLEX THERAPY FOR CHILDREN AND ADULTS

Among benefits, improves cortex problems such as motor, mental, physiologic and metabolic dysfunctions.

The main objective of TEMPRANA REFLEX THERAPY is to achieve a significant improvement in children and adults with various problems, from cerebral-spinal damage to vision-, hearing-, motor neuron-, learning problems, or arising from a problem occurred during delivery, genetic syndromes, domestic accident or chronic disease.

Temprana Reflex Therapy can increase the body and brain ability to heal itself.

Treatments are non-invasive, safe and do not rely on the use of medication.

Temprana Reflex Therapy is a brain-based concept based in the latest knowledge in specific individual analyzing and stimulation for;

- Brain damage; stroke, lack of oxygen, Cerebral paralysis, intoxications, infections etc
- Genetic and non-genetic syndromes
- Metabolic disorders
- Neurologically disorders
- Psychological and mental disorders
- Learning and behavior disorders

The objective is to offer families of disabled and other patients with chronic illnesses, -children and adults- home training programs in the field of rehabilitation.



# Temprana Reflex Therapy



As soon as possible....

Stimulation as soon as possible-one of the most important factors to achieve good results with Temprana Reflex Therapy.

As soon as possible after the birth or accident or when the disease the therapy is acquired.

The sooner the therapy is applied, the better and faster the results.





Also for Alzheimer's, Dementia,  
Parkinson .....

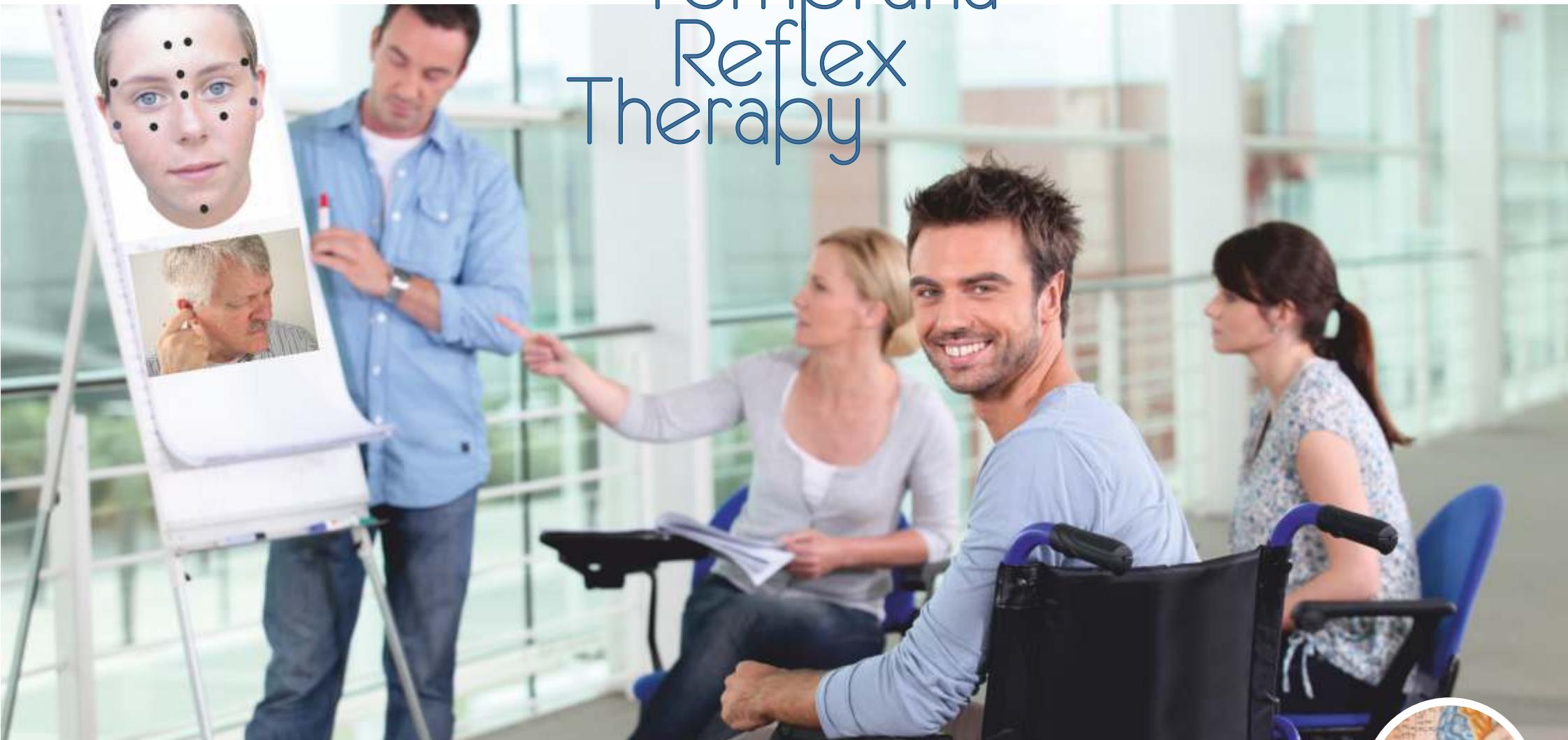
# Temprana Reflex Therapy

and rehabilitation after stroke.



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# Temprana Reflex Therapy



Patients can learn to actively participate in their own recovery.....



# Education

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High standard of professional teaching worldwide.....



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The International Institute of Reflex Therapy offer educational program of Reflex Therapy



## The education is based on 2 main- education blocks of Health & Rehabilitation by The International Institute & Temprana Reflex Therapy

The International Institute of Reflex Therapy offer educational program of Reflex Therapy.

It is possible to educate professional therapists ready for hands on in a time plan of 1- to 12 months.

The education program prepares professional therapists to treat in the field of Health, Beauty and Rehabilitation and also to prepare parents for intensive and effective self -stimulation and home care.

Organization of education

1- Objective; To facilitate short education for women

2- Objective: To educate professional therapists in the area of special needs the full professional program of Temprana Reflex Therapy.





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