

Matthew Megson



I have a unique perspective seeing mental health accommodation from both employer and employee views

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Presentations

HR Masterclass:
Revolutionize

Accommodating Mental
Health in 6 weeks.

Mental health is
becoming a bigger
challenge for
organizations every day.

Organizations...

Bio

I started having severe and lengthy depressive episodes when I was 15 years old. At first I was told I was just a normal teenager. As it persisted, the journey of constantly trying new medications with no results began. Through all of this I managed to complete post secondary education and begin a career in HR. As I got more involved in accommodations I saw many individuals dealing with mental health concerns.

20 Year HR Professional in various industries who lives with Bipolar Disorder and ADHD. This gives me a unique perspective from both the business and staff member side of the situation.

Events

HR Masterclass:
Revolutionize

Accommodating Mental
Health in 6 weeks.

Virtual April 17, 2024

HR Masterclass:
Revolutionize
Accommodating Mental
Health...



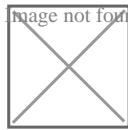
Offerings and rates

HR Masterclass: Revolutionize Accommodating Mental Health in 6 weeks

6 steps for HR to improve accommodating mental health in the workplace

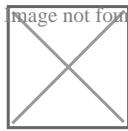
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<https://speakerhub.com/speaker/matthew-megson>

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