

Embracing Invisible Disabilities in the Workplace

One in three working-age adults lives with an invisible disability—a number that continues to grow.

Yet in most organizations, these challenges remain hidden, misunderstood, or mismanaged.

Award-winning storyteller and invisible disability expert Jason Reid pulls back the curtain with real-life insights and engaging stories that reveal what it's really like to work with an invisible disability, and lead people with similar challenges. Drawing from his own lived experience—and years managing high-performing teams—Jason shows how invisible challenges can become unexpected assets in a culture built on trust, communication, and innovation.

With humour, honesty, and actionable strategies, Jason equips leaders and teams with the tools to create a workplace where everyone can thrive.

What attendees will learn:

- What invisible disabilities are, and why they often go unrecognized
- How to build trust and open communication with employees facing hidden challenges
- How a simple, innovative approach to accommodation can boost morale and performance across your team



Jason Reid knows the power of inclusion—because he's lived it. While managing Crohn's disease and arthritis, he led a national TV news team to double its productivity in under a year by rethinking how to support employees with invisible challenges. Today, Jason shares real-world strategies and compelling stories that show how trust, flexibility, and honest communication can unlock hidden potential in any workplace.



Added Value! Jason's packages can include:

- Print, digital or audiobook copies of *Embracing Invisible Disabilities in the Workplace* book.
- A video of the presentation for your training library.
- Slide decks and other handouts.

Additional Talks Include:

- Pain Related Disability in the Workplace
- Beyond the Mask: Creating Workplaces Where Everyone Thrives
- Vulnerable Leadership and Communicating for Inclusion
- Strategic Storytelling for Workplace Inclusion

"People loved the balance of anecdotes and concrete action!"

Melanie Bodi - Ontario Teacher's Pension Plan

Jason Reid: Speaker on Invisible Disabilities and Workplace Belonging

ABOUT JASON:

Jason Reid is a trailblazing voice on the topic of invisible disabilities in the workplace—and a master storyteller who's spent over a decade inspiring audiences around the globe.

Despite living with Crohn's disease and arthritis, Jason built a successful, award-winning career as a live television producer and head of news content at a national TV network. As a leader, he didn't just manage teams—he empowered them, more than doubling productivity by rethinking how we accommodate challenges at work. His secret? Simple, human-centered strategies and effective communications.

Jason is the author of *Embracing Invisible Disabilities in the Workplace*, and a trusted expert who brings both personal insight and professional depth to every stage he steps on.

Known for his warmth, wit, and vulnerability, Jason's talks leave audiences moved and motivated. Whether he's presenting virtually or in-person, his broadcast background shines through in every story he tells—captivating, clear, and purpose-driven.



"I could listen to Jason speak for hours.!"
Charmainne King, Kellanova Canada

"Thank you so much, Jason – It was an incredibly impactful session."
C .McKelvey, TD Bank Group

"He communicated with kindness & his presentation was flawless. I loved working with Jason."
Jerica Manuel, PocketWatch Inc.

"Jason's presentation was the highest rated event we've had so far."
F. La Casee, Highlights for Children

