



# 5 Tips for Leading With Empathy

1. Understand what empathy is
2. Recognize why empathy is important
3. Lead with positivity
4. Avoid “empathy killers”
5. Redefine karma; offer control

How will you use each of these tips?





# Empathy is

listening *and hearing*

looking *and seeing*

a hand on the shoulder

a kind word

a smile

## Empathy is inside you!

# Let it out!





# Tips to projecting (and feeling) positivity

Get ChaRGD!

Find your spark

Passion into Purpose

Accept life's cranberries.

Lofty goals

Change of Internal Scenery

Put the glass down.