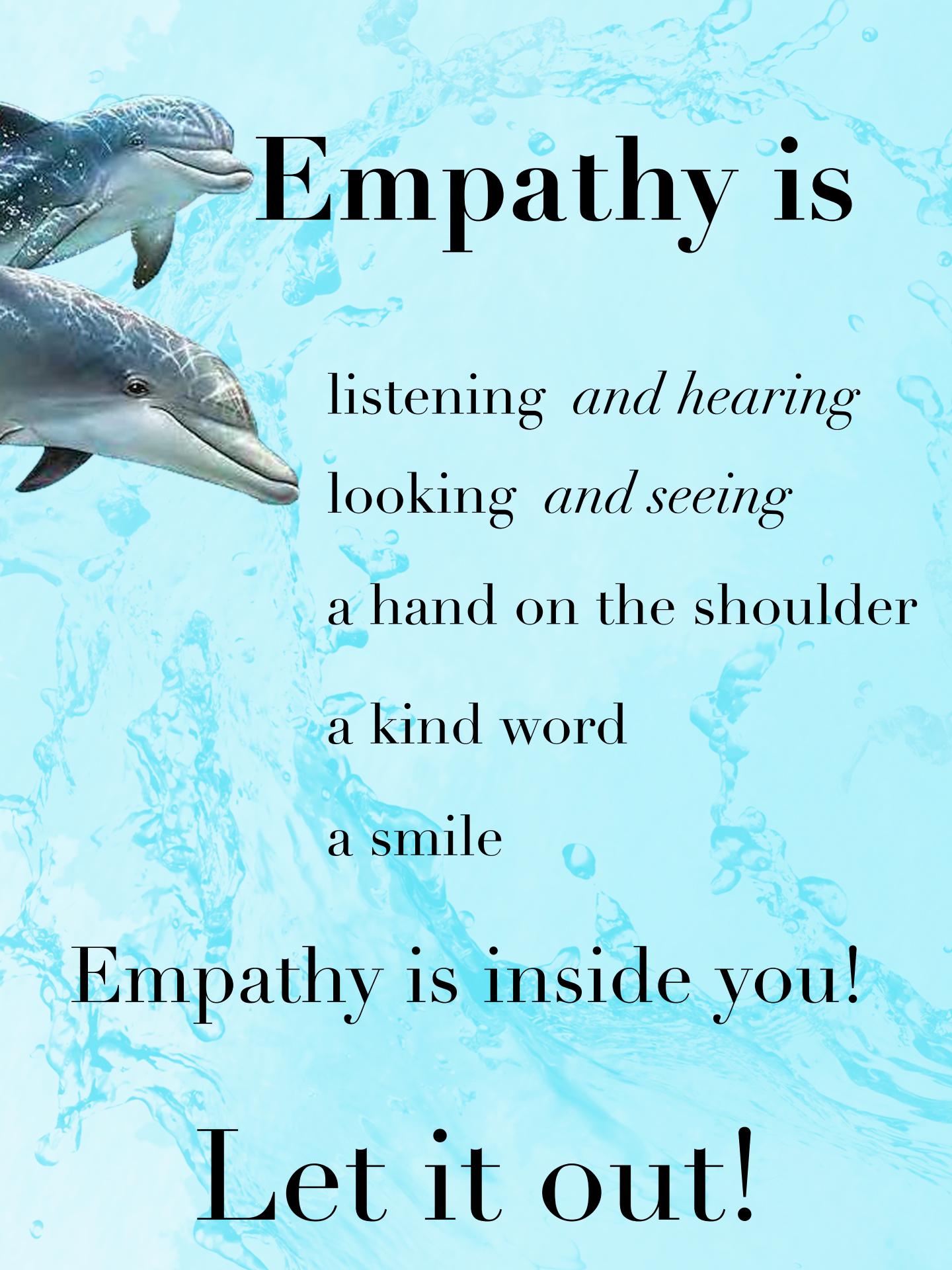




# 5 Tips for Leading With Empathy

1. Understand what empathy is
2. Recognize why empathy is important
3. Lead with positivity
4. Avoid “empathy killers”
5. Redefine karma; offer control

How will you use each of these tips?



# Empathy is

*listening and hearing  
looking and seeing  
a hand on the shoulder  
a kind word  
a smile*

## Empathy is inside you!

# Let it out!



# Tips to projecting (and feeling) positivity

Get ChaRGD!

Find your spark

Passion into Purpose

Accept life's cranberries.

Lofty goals

Change of Internal Scenery

Put the glass down.