

Invisible Differences



Navigating the Last Mile to Belonging



"A hilarious theatrical keynote about invisible disability and inclusion that's also sensitive, warm and informative? Yes! It's true. Jason and Kristin have done it masterfully."

M. Leon
BRAND HEROES



Join top workplace belonging experts Jason Reid and Kristin Light for an insightful, and humorous keynote that celebrates workplace diversity while addressing the ongoing challenges organizations face in building a truly inclusive culture.

Over the past five years, organizations have made significant strides in embracing diversity and inclusion.

Now, Jason and Kristin invite you to explore the final frontier of *belonging* through the lens of invisible disabilities, including chronic illness, mental health, and neurodivergence. With humor and insight, they take audiences on an engaging journey to understand the challenges and opportunities in creating a culture of belonging.

Through a series of cleverly irreverent and hilarious sketches, woven together with thought-provoking insights, Jason and Kristin shine a light on the persistent obstacles to employee belonging, including:

- **The hiring process;**
- **Workplace promotions and leadership culture;**
- **Communications and relationships.**

With a perfect balance of humor, warmth, and meaningful insight, this is the ideal keynote to unite audiences in recognizing our shared humanity—embracing our differences, vulnerabilities, and imperfections.

**"It resonated on a deep level.
This eye-opening keynote has made me really reflect
on my leadership style."**
L. Crawford, Canadian Council of Ministers of the Environment



About Kristin and Jason



Jason and Kristin are no strangers to invisible differences, or show business:

Jason Reid, invisible disability expert, former screenwriter, and TV producer

For the past twelve years, Jason Reid has been speaking to audiences worldwide about how to embrace invisible disabilities in the workplace. A former screenwriter, comedy writer and television news manager, Jason brings a unique perspective shaped by his own experience with two invisible illnesses. This personal journey has deeply influenced his approach to leadership—emphasizing employee trust, fostering belonging, and creating inclusive environments where everyone can thrive.



Kristin Light, neurodiversity expert, former showgirl, and vintage dancer

Kristin Light, a former showgirl, vintage dancer, published author, and award-winning speaker, has led a vibrant career that spans both the boardroom and the ballroom. Most recently, she led initiatives on workplace neuroinclusion and mental health for a global consortium of transportation and engineering companies. Her eclectic background informs her passion for creating inclusive spaces that prioritize both professional success and personal well-being.

"Kristin and Jason have flawless Chemistry!"

M. Wagner-Powers
Marriott International



"Amazing performance! Skits were an awesome way to get to sensitive subjects quickly and effectively."

K. McKinley, CALA.ca



Check out clips and scenes from the show and more:
ReidandLight.com

Ten Reasons To Book This Keynote



What a different way to present important and complex information. So easy and enjoyable for the audience.”

S. Quraishi, AIA Canada



Original and Entertaining: Put some spice into your event. This theatrical keynote will delight your audience.

Insightful: A program guaranteed to make people reflect on inclusion.

Remarkable: Attendees will talk about it long after the event, both online and in-person.

Actors Who Are Experts: Kristin and Jason are well-known and respected inclusion experts, as well as having previous backgrounds in show business.

Easy to work with: We respond to messages quickly, communicate clearly, and will help make your event great.

Funny: Changes in worldview are easier to achieve under the guise of humor and entertainment.

Ideal: for an opening keynote, closing keynote, or lunch.

Sensitive: As former managers & people with invisible disabilities, Reid and Light have empathy with their characters.

Actionable Takeaways: Illustrates several actionable ways we can improve on inclusion efforts.

Cost Effective: Give your attendees a comedic “play” at the cost of a typical keynote speaker. Kristin and Jason are also available for separate breakouts for a small additional fee.

Reason #11: Kristin and Jason have been trusted by leading organizations such as:

