

Yve Bowen - Coach, Facilitator & Consultant

Awakening Leadership | Transforming Culture



Yve is a sought-after **Limiting Belief Specialist, coach, facilitator and consultant** who creates safe, transformative spaces for leaders and organisations to move beyond tick-box change. She is known for her grounded, heart-led approach that combines deep mindset work with practical strategies for inclusion and culture change.

With experience developing and delivering programmes for the Welsh Government, social housing organisations, and charities, Yve's work has been described as "exceptional, authentic, and values-led." Her ability to connect, challenge, and inspire leaves a lasting impact on those she teaches and coaches.

Through Awakened Coaching & Consulting, Yve helps organisations move beyond surface-level initiatives, fostering courageous leadership, inclusive cultures, and systems that truly support human potential.

Getting to the Heart of DEI and Unconscious Bias:

Beyond tick-box training, this talk gets to the root of DEI and unconscious bias - policy, practice, and connection. Yve invites leaders and teams to connect with the deeper purpose of equity, going beyond compliance to genuine and meaningful culture change.

The Power of Awareness in Business:

Awareness is the starting point for all change. In this talk, Yve explores how teams, leaders and organisations, can shift from unconscious reactions to compassionate choice. By viewing workplace culture, strategy, and leadership through the lens of awareness, businesses can unlock new levels of clarity, connection, and impact.

From Pressure to Presence in Leadership:

Modern leadership can feel like a race against time, targets, and expectations. This talk reframes leadership as an inner practice—shifting from reactive pressure to grounded presence. Yve supports leaders to regulate stress, cultivate awareness, and lead from clarity and authenticity. The result? Stronger teams, healthier cultures, and leaders who inspire trust through who they are at their root, and not just what they achieve.

Testimonials:

"Exceptional, values-led facilitator..." "A natural leader - authentic, passionate, and challenging..."

Clients/Organisations Worked With

Welsh Government, Social Housing Organisations, Local and National Charities

Contact / Booking Info

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