



### **S.L. JACKSON –“You’re Your Problem”**

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#### **Talk Overview**

Too many people are stuck in cycles of blame, denial, and avoidance—waiting for someone else to change what they refuse to face.

You’re Your Problem is a powerful wake-up call that empowers individuals to break free from victimhood and take radical ownership of their lives.

Through authentic storytelling, lived experience, and a clear framework for accountability, I help audiences embrace personal responsibility as the key to healing, growth, and transformation.

This talk challenges people to stop pointing fingers and start taking control—because real change begins when you realize the problem is you.

#### **Why Book Him**

- Award-winning author, certified interscholastic coach, and youth mentor with over a decade of experience
- Creator of the accountability movement inspired by his book You’re Your Problem: A Path to Accountability and Self-Healing
- Inspires transformation through lived experience, emotional depth, and direct truth-telling that resonates with diverse audiences

## **Popular Topics**

- Radical Accountability in Real Life
- Youth Empowerment Through Ownership
- Breaking Cycles of Blame
- Building Character Through Honest Self-Reflection

## **Learning Objectives**

- Identify the root of self-sabotaging patterns
- Challenge the mindset of victimhood with truth and self-awareness
- Equip themselves with daily strategies for personal accountability
- Learn to take full responsibility for choices and behavior
- Commit to consistent action that leads to transformation

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## **Testimonials**

Available upon request.

## **References**

Available upon request.