

Keynote & Motivational Speaker

Tim Deryan Profile



www.timaderyan.com
timaderyan@gmail.com
+41786308580

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Who is Tima

As a mountaineer, mindset coach, & a social entrepreneur, Tima is uniquely positioned to draw from her experiences and perspectives to inspire and motivate people to step out into the unknown to reach their objectives in both life and business.

Tima is passionate about making a difference and the impact that an empowering thought and dream can have on someone's life, career, and organization.



Notable Achievements:

- 1s Lebanese women and youngest Arab to summit Everest
- 1st Arab women to summit Ojos del Salado, highest volcano in the world
- 1s Lebanese women and youngest Arab to ski to the South Pole
- Climbed 25+ high altitudes mountains including the 7 summits (highest mountain on each continent)
- #1 Bestseller Author of *Curly Adventures Mount Everest* Children's book



Past Clients

Delivered
40+ Talks

Timia strives to deliver great partnerships that are engaging, impactful, and responsible. She treats each interaction with dedication and care. Her success is built on solid relationships with you, not contractual obligations.

1. Procter & Gamble
2. Merck & Co.
3. Ford
4. Adidas
5. Henkel
6. Swarovski
7. Shell
8. ADNOC
9. RAKBANK
10. BFGoodrich
11. Jenni Kayne
12. Cundall
13. Commvault
14. RAKTDA



SWAROVSKI



jenni kayne

CUNDALL

COMMVAULT



Ras al khaimah tourism development authority

Topics & Key Audience

Topics

Engagements are truly immersive and interactive. These are Tima's mains topics. In addition, She mostly works with clients for a custom-made talk.



- **Reaching New Heights: Setting and Achieving Goals**
- **Creating an Invincible Mindset: How to Build a Growth Mindset**
- **Be the Best Version of Yourself: Taking the Lead of The Life You Want**
- **Everest: From Aspiration to Reality, Every Vision is within your Reach**
- **Building a Strong Team: The Power of Teamwork**
- **Women Empowerment: Keep Breaking Barriers, Nothing is Impossible**
- **Mastering the Game: Strategies Learnt from the Mountains**

Audience

Audience can vary greatly but the common denominator among them all is the desire for personal growth, inspiration, and a drive to improve themselves and their lives.



- **Business professionals - at corporate events, conferences, or company training sessions**
- **Athletes and sports teams - at sporting events or team building retreats**
- **Entrepreneurs and small business owners - at networking events or start-ups conferences**
- **Students - at high school, college, or university events**
- **Non-profit organizations - at forums or fundraising events**
- **General public - at personal development seminars or workshops**



Pricing

Main deliverables include the following:

- Research and preparation
- Talk customization
- Revisions of talk outline
- Keynote speech and Q&A session
- Post speech audience meet and greet

Total price: Depends on the level of customization and client requirements.



*If travel is required, flights, accommodation, transportation, and expenses to be covered by client.

*50% of the total payment is made 4 weeks prior to the event date and remaining 50% is paid once event has been concluded.

Ready to amplify engagement and expand your reach in an authentic way? Having a shared set of values and keeping an open mind is a good place to start!

Testimonials

“Exceptional! Tima was so inspirational on many levels. She has a unique way of relating lessons from her mountaineering experience in a business context. She also wove in powerful lessons about perseverance, teamwork, and leadership. Her insights into the mental and physical challenges of mountaineering were particularly enlightening, and our team left feeling motivated to tackle their own challenges with renewed vigor.” – A.A Shell VP Key Accounts

“Tima was outstanding! She instilled the team spirit through her stories on the mountain. Can’t wait to see how the team works together after listening to her.” – G.T VP of Strategy at RAKBANK

“I was truly inspired by Tima. Her energy was well received by everyone in the room. We left feeling eager to dream big and never give up.” – D.A Head of Sales at MERCK

“I really liked the connection that Tima made between reaching a summit on a mountain and a goal in business and life. She unlocked a new perspective to finding options and solutions.” – C.G Senior Director of Operations at ADNOC

“Seeing a real-life example of a human with a strong mindset and a clear mental fortitude was a sign for me to get up and take action! Tima really woke me up and reminded me of my why” – A.M VP of HR at Cundall

