

ATTENDEES



An insightful and dynamic speaker, sharing a healthy balance of personal experiences and professional expertise. She was engaging and facilitated a conversation with the audience that created learning and motivation to act positively and gracefully to address bulling behaviour. I will be using the learnings and tools! Keep sharing your story. You are making a difference.,

**OHN, NewFoundland Power
Cathy
Dormody**

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I saw the presentation by Tammy on How to Gracefully address a bully. It was a great presentation and it provided me with effective tools for how to deal with a bully such as being able to identify and describe the behaviors that are causing potential harm to an individual or yourself and I feel very confident now on how to address a bully going forward in the workplace or in my personal life

President Elect, AOHNA
KRISTY
HINES

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Learning that I did not have to box myself into a personality type, and then write off my reactions in conflict as "out of control" due to that personality type was huge for me. I can now see that self awareness is so important in conflict resolution, an inaccurate concept of self can be a barrier. Understanding that the end goal is to resolve conflict, not avoid it - this was huge for me

**Nursing Student
SHIREEN
BROOKS**

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I have gained a lot of respect and certainly feel more comfortable in the tools that she identified. With these tools I feel much more empowered in being able to step in and stop the trend of eating our young. We should be empowering our colleagues to do the right thing. To be a role model. These tools will allow us to improve peoples careers and peoples in lives in general

COHNA, President
Carmen
Skeleton

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I was very fortunate to be able to listen to Tammy Dunnett on How to Gracefully Address a Bully. I see a lot of workplace bullying and I feel that with your strategies. I really liked the perception checking for really addressing face to face, but in a non confrontational way with who you perceive is being bullied. It is a game changer.

COHNA Board of Directors, Secretary/Treasurer

**Anne
Masters-Boyne**

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Tammy did a fabulous job at addressing the simplicity of how to address and strategize to deal with harassment and bullying in the workplace. I love how she simplified the steps and if those steps had been present to me many, many, years ago I would probably not have had had the experience that I did. I thank Tammy for providing that to us,

**President, Alberta Occupational Health
Association
Tracey
Aiello**

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My mind and interactions are profoundly changed each time I hear your presentation.

It also shows on the faces of the participants; deep thinking and reorganizing of one's paradigm of relating to people. It's amazingly empowering!

**San Francisco
Paralegal Association
Lauren
Jensen**

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Tammy was a fantastic speaker! The reviews were A+. She covered points you wouldn't ordinarily think about.

Will we ask her back for another session? Again and again and again.

**Estrin Legal Staffing CEO
Chere
Estrin**

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It was difficult to volunteer initially because I am a very private and reserved person, BUT...I am happy that I did!!! It actually felt great and I had a huge smile on my face after. So I have been going for a walk each day –started on Wednesday. I hope to build up to longer walks.

**Legal Aid, Ontario
Anonymous**

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It was amazing!

Can't say enough about it

I love your style, caring and
knowledgeable

**Legal Aid, Ontario
Anonymous**

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Thanks Tammy. I am going to want to play this over and over and over again!

Repetition enhances learning, and I need frequent reminders to stay focused

Then 10 Safe Conversations Starters is a great resource

**Associate Professor School of Nursing Monticello
Anonymous**