

TARA SCOTT, MD

HORMONE GURU



Credentials

- Integrative gynecologist
- Board Certified in Obstetrics & Gynecology
- Board Certified and Advanced Fellow of American Academy of Anti-Aging and Regenerative Medicine
- Board Certified in Integrative Medicine
- Certified Menopause Practitioner

Speaking Topics

- **Building Resilience in Our Pressure Cooker Society**
- **A Holistic Approach to Anxiety**
- **Why Prevention is Better than a Cure**
- **An Integrative Approach to Breast Cancer**
- **Why Diets Fail**
- **Is it ME or my hormones?**
- **What I learned After Surviving a Plane Crash**

Personal Profile

- drtarascott.com
- Facebook: @drtarascott
- Instagram: @hormoneguru.md
- Tiktok: @hormoneguru
- LinkedIn: tarascotthormoneguru
- YouTube: Tara Scott MD

Medical Career

MEDICAL DIRECTOR

Forum Health, Akron

Still seeing patients actively and supervising and teaching nurse practitioners

OBSTETRICS & GYNECOLOGY

Over 30 years of practice in women's health, Specializing in women's hormones and menopause

SPEAKER AND EDUCATOR

2012 to present

- Wrote a BHRT course and have taught in 5 continents
- Senior Faculty at A4M- American Academy of Anti-aging and Regenerative Medicine
- Core Faculty- UCI Davis- Integrative Medicine Fellowship
- TEDx talk at NEOMED Fall 2021

Bio

Dr. Tara Scott, Hormone Guru, helps people find the cause of their symptoms and get them on a path to optimal health. With over 25 years of experience and 3 board certifications in OB/GYN, Functional medicine, and Integrative medicine, Dr. Scott has helped thousands of patients struggling with hormone issues including endometriosis, breast cancer, weight gain, and more.

She is the founder of Revitalize Medical Group and Hormone Guru Academy, a course to help patients improve their hormone problems themselves. After suffering from infertility, she now helps others achieve that same balance. Dr. Scott has been speaking (including a recent TEDx talk) and educating for over 10 years and has taught doctors her approach in 5 continents. For her expertise, she has been featured on The List TV, Women's Health, Shape, The List, Newsweek, Parents, Authority Magazine, and on numerous podcasts.

She is a mother of 3 adult children, and enjoys running a half marathon in every state, traveling, and being active outside.