



# Chris Belmont

*HR Consultant, Leadership Coach,  
Motivational Speaker*

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*Chris knows how to make the subject matter relatable, impactful, and actionable to people on the front lines of business. Her credibility and authenticity are based on her 30+ years of firsthand experience.*



<https://speakerhub.com/speaker/chris-belmont>



<http://www.linkedin.com/in/chris-belmont>

## Speaking Topics

**Animal Spirit Series - A fun and engaging way to address chronic obstacles** This is a fun, interactive talk, where leaders take an honest look at what is holding them back from being the best leaders they are capable of becoming:  
•Frogs (procrastination and time management)  
•Buffalo (run towards the problem not away)  
•Squirrels (perseverance and grit)  
•Sharks (missed opportunities)

**Leadership Pitfalls – From emerging leaders to seasoned professionals.** There are some very common, easily predictable mistakes that new leaders make. Over the course of their careers, these leadership pitfalls evolve with the leader. We exam the full life cycle of the leadership traps, and how to stop making them at any stage, from newly minted to leader to seasoned professional.

**Managing Millennials – A comprehensive field guide to interaction and relationship building**

How to evolve and adapt to get the most out of your Millennial workforce. We start by trying to understand what makes them tick.

## Bio

Chris started in business as a minimum wage employee at Taco Bell and ended up running a multimillion dollar restaurant franchise with 30 locations in multiple states. Her career spanned being a General Manager, a Training Director, a Multi-Unit Manager, and a VP of Operations.

## Partnerships and Programs

In addition to her own material, Chris is certified to deliver the following programs and workshops:

- ~Ken Blanchard's Situational Leadership®
- ~ELI, Inc Civil Treatment for Leaders®
- ~ELI, Inc Diversity & Inclusion®
- ~Five Behaviors of a Cohesive Team®
- ~Everything DiSC® Productive Conflict
- ~Everything DiSC® Work of Leaders
- ~Everything DiSC Workplace®

## Offerings

### 1 hour workshop

*This can be a breakout session at a conference, or part of a company meeting or event.*

### Keynote address

*Start your conference or event off with a memorable keynote that will make a lasting impact!*

### Half day seminar

*Choose a topic or workshop from above that meets the needs of your team.*

### Full day seminar

*Need help deciding? Chris would be happy to discuss your goals and help you decide on a topic that meets your teams needs.*