

*Electric Bill*  
WILLIAMS

# *electric* Life

12 Microsteps to Pay Attention,  
Be Brilliant and Go Deep





# Purpose

- Shock you out of your static daily routine
- Re-engage into **your** life!
- Feel good at the end of the day about **yourself**



# *my* Goal

You leave here today  
inspired to :

- Pay Attention
- Be Brilliant and
- Go Deep



## Part I | Pay Attention

Step 1 · Find Your Hurricane



## Part II | Be Brilliant

Step 5 · Be Self-ful

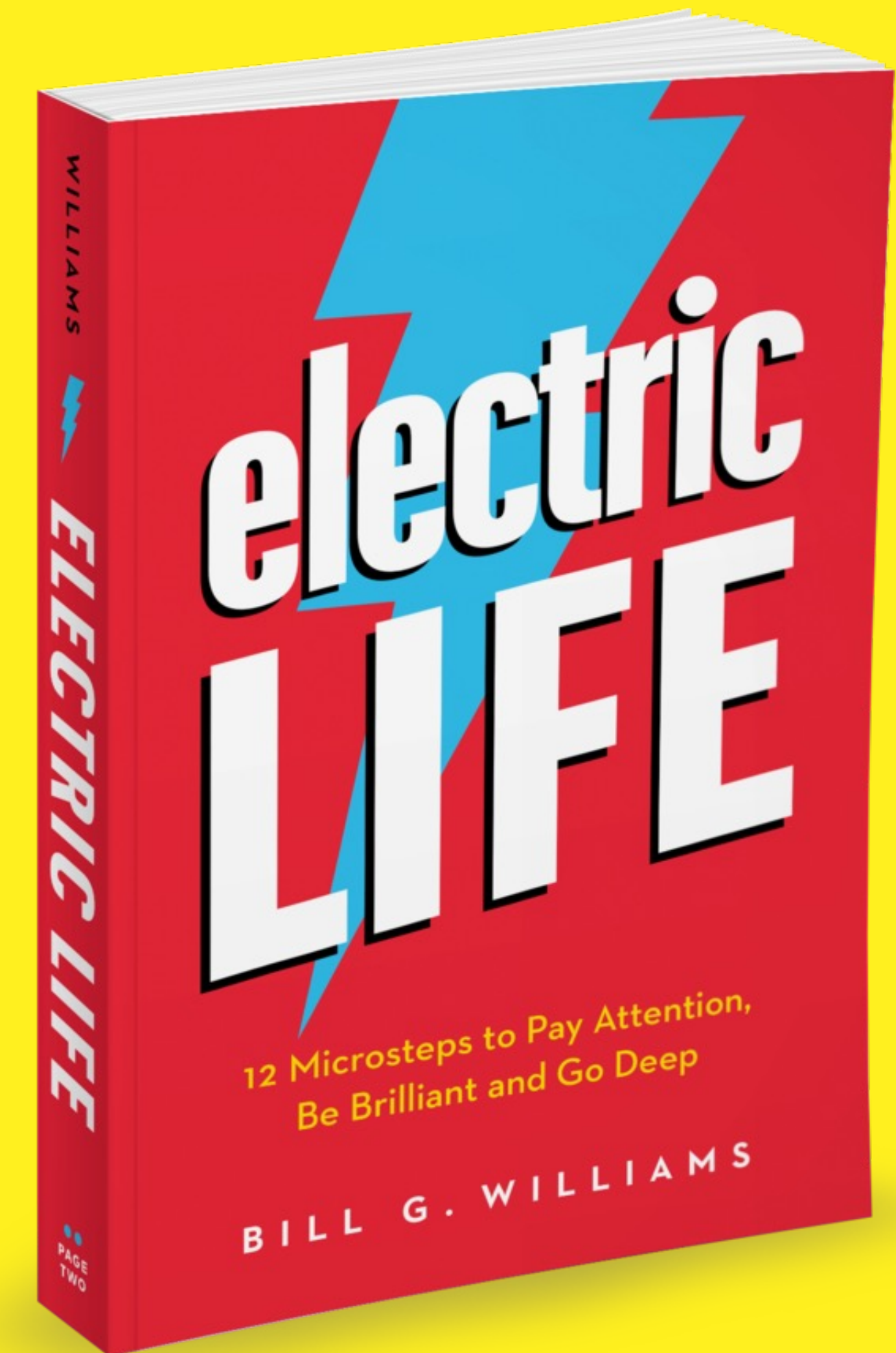
Step 8 · Practice Pausitivity



## Part III | Go Deep

Step 9 · Show Me You

Step 12 · Cross the River





PART I  
*Pay Attention*



STEP 1  
**Find Your Hurricane**

The art of bringing your  
whole self to work





**Tip**

Don't quit.  
Bring your  
passion back.



PART II  
*Be Brilliant*



STEP 5  
**Be Self-ful**

The art of filling your own tank



PART II  
*Be Brilliant*



STEP 8  
Practice Pausitivity

The art of taking a break





## Tip

Retain your power -  
don't carry someone  
else's burden.



PART III  
*Go Deep*



STEP 9  
**Show Me You**

The art of S.V.I.



# PART III

## *Go Deep*



STEP 12

## **Cross the River**

The art of being true to your  
spirit energy

Are you willing to take the next  
step? To cross **your** river?



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