



# JASMINE Benson

Author | Speaker | Disruptor



**ditch dogma**

UNLEASH HUMAN PERFORMANCE

## Bio

Jasmine Benson is a magnetic force, known for transforming events into launching pads for lasting change. She's been dubbed a trailblazing event "closer", a Certified Neuroplastician who ignites action and specializes in translating event learnings into tangible actions and results.

With expertise in the Future of Work, Jasmine blends "workplace" with human performance science, inspiring transformative action. Attendees not only leave inspired but equipped with practical tools for immediate application.

Through her fusion of psychology, physiology, and neuroscience, Jasmine empowers leaders globally to modernize their approach, fostering agility, creating performance, and enabling real lasting change.

Business Agility      Modern Leadership  
Facilities      Future of Work      Culture  
Making Change Stick      Remote & Hybrid



My Philosophy:  
***Ditch Dogma, Unleash Human Performance.***

Shaping the Future of Work:  
Neuroscience-Powered Strategies  
for Making Workplaces Better.



**Real. Human. Provocative...**

Her superpower is creating clarity and paths forward for immediate action in tiny steps, not just conveying interesting ideas."

- David Gray, SVP, Colliers

BOOKING...



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