



REGINA LAWLESS

BESTSELLING AUTHOR | FORMER TECH
EXECUTIVE | TRANSFORMATIONAL SPEAKER

Arise Goddess: The Time is Now

It's time to **awaken**.

Through the sacred spark of desire, we rise —
powerful, authentic, and whole.

In her signature keynote, Regina calls women to step
into their sacred leadership, release the old stories,
and embody the radiant force of the Inner Goddess.
The time is now.

Audiences Will Learn To:

- Activate their "Inner Goddess" through the power of honoring their deepest desires
- Redefine success from the soul, not society
- Embrace leadership with heart, purpose, and truth
- Heal from burnout, shame, and external expectations
- Rise individually and collectively to restore balance
- **Ideal For: Women's Leadership Summits, Conscious Business + Wellbeing Events, Spirituality + Wellness Conferences, Corporate Women's Empowerment Initiatives**

About Regina Lawless:

- Former Head of DEI at Instagram (Meta)
- Amazon Bestselling Author of *Do You: A Journey of Success, Loss, and Learning to Live a More Meaningful Life*
- Host of The BlissFULL Life Podcast
- Featured in Business Insider, Fast Company, USA Today
- 18+ years leading at Fortune 500 companies
- Transformational Guide blending leadership, spirituality, and sacred feminine wisdom

As Featured In:



FASTCOMPANY

BUSINESS
INSIDER

WSJ

Regina created a space that felt both energizing and reflective, striking a rare balance between inspiration and accountability. I heard from many attendees afterward who walked away feeling more confident, focused, and empowered to take their next step. - Trimika, Sr. Program Manager



*"When we honor
the call of our
desires, we
awaken the
Goddess within –
and change the
world from the
inside out."*

-Regina Lawless

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