



# REGINA LAWLESS

BESTSELLING AUTHOR | FORMER TECH EXECUTIVE | TRANSFORMATIONAL SPEAKER

## Arise Goddess: The Time is Now

It's time to **awaken**.

Through the sacred spark of desire, we rise — powerful, authentic, and whole.

In her signature keynote, Regina calls women to step into their sacred leadership, release the old stories, and embody the radiant force of the Inner Goddess. **The time is now.**

### Audiences Will Learn To:

- Activate their “Inner Goddess” through the power of honoring their deepest desires
- Redefine success from the soul, not society
- Embrace leadership with heart, purpose, and truth
- Heal from burnout, shame, and external expectations
- Rise individually and collectively to restore balance
- **Ideal For: Women’s Leadership Summits, Conscious Business + Wellbeing Events, Spirituality + Wellness Conferences, Corporate Women’s Empowerment Initiatives**

### About Regina Lawless:

- Former Head of DEI at Instagram (Meta)
- Amazon Bestselling Author of *Do You: A Journey of Success, Loss, and Learning to Live a More Meaningful Life*
- Host of The BlissFULL Life Podcast
- Featured in Business Insider, Fast Company, USA Today
- 18+ years leading at Fortune 500 companies
- Transformational Guide blending leadership, spirituality, and sacred feminine wisdom



**"When we honor the call of our desires, we awaken the Goddess within – and change the world from the inside out."**

*-Regina Lawless*

### As Featured In:



FAST COMPANY

BUSINESS INSIDER

WSJ

Regina created a space that felt both energizing and reflective, striking a rare balance between inspiration and accountability. I heard from many attendees afterward who walked away feeling more confident, focused, and empowered to take their next step. - Trimika, Sr. Program Manager

### CONTACT:

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