

Pump Up The Jam @ Work Energizer

Oct 8

Vivian Acquah Pumping up the Jam after the lunch break at DevOps Summit Amsterdam. What an energizing way to get to know new people. Thanks @VivalaViveNL . #devops #dosams #energy #icebreaker.



Received (25) Given (24)

Aila Albrecht
Marketing Manager at Xebia
January 8, 2020, Vivian worked with Aila in the same group

We've all been there: long conference days can be exhausting, and, let's be honest, the talks you are attending in the afternoon often do not get quite the same amount of attention and brain capacity of the fresh morning sessions. At DevOps Dummit Amsterdam 2019 (www.devopssummit.amsterdam) we wanted to avoid that and give the audience an energizing after lunch moment while at the same time stimulating people to get to know each other.

When Vivian answered our Call for Speakers, we thought to give her talk "Pump up the Jam" a try to facilitate our wishes for this moment. And she truly exceeded our expectations. The audience consisted of around 200 IT Managers and Executives, and Vivian was able to not only engage pro-actively with the audience but also to fill the room with positive vibes. Several visitors stated her session as one of the differentiating highlights of the conference. Thank you, Vivian! And keep up the good work! [See less](#)

Really enjoyed it! Thanks Vivian

Thanks, Vivian

I enjoyed it a lot. Thank you for bringing all that energy 😊

Thanks for your nice presentation! It was very refreshing.
[#pumpupthejam](#) (edited)

Thank you, i really enjoyed the presentation!!!

Pump Up The *Jam* @ Work Energizer

 **Vivian Acquaah**
Workplace Wellness Advocate Helping Managers With Keeping Their People ...
2mo • 5

Thanks [Alisa Gorokhova](#) for inviting me to give the Pump Up The Jam @ Work Energizer.

It was amazing to plant [#workplacewellness](#) thought seeds 🌱 at The Wild Trio event hosted by [Polder](#)

[#careerwellness](#) [#duurzameinzetbaarheid](#)



30 • 5 Comments

“ Vivian was a speaker at an event my team organized. She is an inspiring and incredibly intelligent thought leader. It is a pleasure working with her both on a professional, and personal level. She undertakes her mission with great sincerity and emotional intelligence, and works hard to achieve her goals. She is also a fantastically captivating public speaker, connecting on an emotional, yet intellectual level with her audience. I can't wait to work with Vivian on other projects in the future.



Alisa Gorokhova

CEO, Founder at Polder

November 19, 2019, Alisa worked with Vivian but at different companies

Moderator #DMWF



“ I had the pleasure of working with Vivian at DMWF Europe as our Track Chair on 25th November 2019. Vivian was fantastic and I can't wait to have her back on our stage in 2020. Lighting up our stage and engaging the community in the theatres and keeping the pace going between session. It's a talent to be able to engage a room and Vivian has this. A fantastic moderator, chair and public speaker!



Rachael Reid

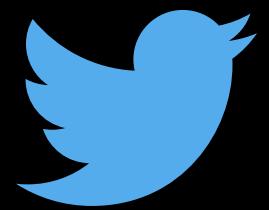
Head of DMWF - Digital Marketing World Forum - A leading Digital Marketing Conference Series

January 15, 2020, Rachael worked with Vivian but at different companies

Thank You!



Vivian Acquah
Workplace Wellness Advocate



@vivalavivenl

