



# LaVerne Collins, PhD

Author, Speaker, Trainer

Dr. Collins is a highly-rated motivational speaker and trainer with over 25 years of experience promoting wellness at the intersection of race, faith, culture, and trauma. She works with individuals, groups, and organizations, empowering them to see the strengths in their stories. Dr. Collins is the founder and CEO of New Seasons Counseling, Training, and Consulting, LLC and Collins Christian Life Coaching, LLC

AUTHOR OF

**OVERLOOKED:**

*Counselor Insights for the Unspoken  
Issues in Black American Life*

AS SEEN IN

*Counseling Today  
Magazine*

## SIGNATURE TOPICS

- ✓ Unspoken Issues in Black Life
- ✓ African American Mental Health
- ✓ Workplace Cultural Sensitivity
- ✓ Healing Race-Based, Historical and Intergenerational Trauma
- ✓ You're in the Room for a Reason
- ✓ The Strength in Your Story

## LET'S WORK TOGETHER!

Feel free to contact me. Let's explore how we can bring my expertise to your audience.

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🌐 <https://NewSeasons.training>

*I am ready to speak at your next event.*