

"Money doesn't make
the world go round.
Relationships do."

Paula Quinsee

CEO: Engaged Humans

Facilitating connection through the development of relationships, with the goal of achieving more Engaged Humans and Engaged Organisations

Building a culture of Engaged Humans not only develops resiliency, but also strengthens leadership skills to navigate ever changing landscapes.

Advocate for mental health and activist against gender-based violence.

Social Media



Author



Speaker



Relationship Expert



Media Guest



Athlete

Awards

- Gender Mainstream Awards Positive Role Model Finalist 2019
- Margaret Hirsch Business Women Awards Finalist 2017
- Thriving Magazine 'Tell Your Story' Winner 2017

Event Exposure

- Istanbul
- Amsterdam
- Zimbabwe
- South Africa
- Regional and International webinars
- Regular Media Guest

Sample Speaker Topics

Relationships Are The Currency Of The Future

Every day we impact peoples lives whether it be our children, friends or people in the work place through our interactions. Living in a digital world, our relationships and communication have taken a back seat as we continue to get caught up in the busy hamster wheel of life leading disconnected lives.

Busting The Myth Of GBVH

Whether we like it or not, abuse happens on a daily basis in our homes, businesses and communities. COVID has seen divorce and GBVH stats spike globally and we can no longer ignore this silent, and often violent killer. Technology is paving the way for online abuse in more ways than we think.

Navigating The Now Normal

Living in a digital and remote world means life has become more complex and uncertain but the greatest luxury item people are desperately searching for is uninterrupted, distraction free time and better mental health and quality lifestyles.

Speaker Showreel

Examples of talks:

- DisruptHR - [The Looming Loneliness Epidemic](#)
- Tedx Pretoria - [Relationships are the Currency of the Future](#)
- Connected Workplace - [Mental Health and GBVH](#)
- [Corporate Landscape of the Future](#)
- Media engagements can be [viewed here](#)

Clients





"Inspiring, motivating and touching people's lives is my passion."

What clients have to say:

Working with Paula has been seamless. She is professional, always meets deadlines and is not only able to embrace new technology but is also willing to be hands-on and help where required. She has worked with me twice as a keynote speaker for the EAPASA EduWeb seminar series presenting on topics such as "Making sense of the Hybrid landscape" and "Busting the myth of Gender-based violence". She shares practical strategies and insights and the audiences have commended her on the value she has provided. I would definitely recommend her as a speaker for any event. - *Nicole Enov8*

Well done and thank you for an incredible topic and speaker for this morning. It was insightful and one to remember! - *Michael, Norton Rose Fulbright.*



Paula, thank you for being the speaker. I absolutely loved your talk and found it to be very interesting. The topic was fun and something we can all relate to - *Chantelle, Hirschs*

Thank you really enjoyed the session - No is a full sentence! I think as I move into my new role boundaries will be important and the ability to say no is more important than ever. I also need to say no to others and to say yes to myself, I have put others ahead of my needs and desires - *Erin, RMB*

Thank you Paula for the amazing session. you make everything easy to understand and easy for us to be able to tackle our issues - *Lebohang, Afrikatikkun*

Contact:

Contact [Speakerhub](#) for bookings

