



TRAUMA-INFORMED
PRACTICES, LLC

SADIE ELISSEOU, MD

- TRAUMA-INFORMED EXPERT
- CORPORATE CONSULTANT
- PRIMARY CARE PHYSICIAN

Dr. Elisseou is a leading subject matter expert in trauma-informed care. She consults for companies and organizations that wish to cultivate wellness and help team members optimally engage through stressful times. She also teaches healthcare professionals how to provide top-quality care to patients who have lived through trauma.

SPEAKING TOPICS:

- ✓ Trauma-Informed Leadership
- ✓ Impact of Workforce Reductions
- ✓ Stress, Burnout, and Resilience
- ✓ Managing 'Difficult' Employees
- ✓ Workload Management
- ✓ Sensitive Communication

\$322 billion

OF LOST
PRODUCTIVITY
GLOBALLY DUE TO
BURNOUT

15-20%

OF TOTAL PAYROLL
IN TURNOVER
COSTS DUE TO
BURNOUT

Source: Gallup

 **200**
speaking
engagements

 **20**
organizational
partnerships

 **40**
health systems
collaborations

WHAT IS TRAUMA?

The Substance Abuse and Mental Health Services Administration (SAMHSA) defines trauma as an **event(s)** or set of circumstances that is **experienced** as physically or emotionally harmful or life threatening and that has lasting adverse **effects** on functioning and well-being.

WHAT IS TRAUMA-INFORMED CARE (TIC)?

TIC is a framework for supporting survivors of various forms of trauma. TIC principles can be applied universally in healthcare to promote safety, foster healing, and build resilience. There are 4 Rs of a trauma-informed approach:

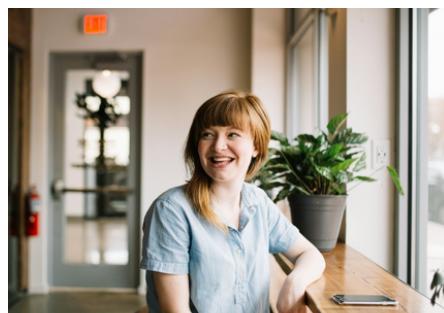


THREE TRAUMA-INFORMED CORPORATE TRAININGS

Workload Management

Employee Well-Being

Leadership



COLLABORATIONS



Procter&Gamble



HARVARD
MEDICAL SCHOOL



U.S. Department
of Veterans Affairs



SCAN TO
LEARN MORE



TESTIMONIALS

"All organizations should have this training."

-P&G Global HR Leader

"I've attended many talks, but few have reached the transformative level achieved today."

-Harvard Medical School Senior Leader

"I can't tell you how this will make a difference in my life and career."

-Michigan EMS Leader



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