



Pep Talk with Pepz

The Key to Your Next Level

To: Whom It May Concern

My name is Pepz, and I am honored to e-meet you and I hope that you are doing amazingly well. I'm here in your inbox because I'd love to be a speaker at your organization to share actionable, engaging, and unforgettable tips with your organization to help increase productivity and profitability. Why me? I am a bilingual (English/Spanish) keynote speaker, corporate trainer, Human Resources specialist with over twelve years of experience and a robust coaching practice (Pep Talk with Pepz). Throughout my career as a trainer and human resources professional, I am known for my time management class (Stop Killing Time), confidence development workshops, and my ability for helping others achieve their goals efficiently and effectively. Plus, as an employee turned successful entrepreneur who is a Latinx that has worked in a variety of industries, I possess a unique and vast perspective and can assist in and elevate many diversity and inclusion efforts.

For the past five years I've coached and trained via my own company, Pep Talk with Pepz, where I have been able to coach upwards of 300 clients individually, multiple multi-million and billion organizations (International Markets Live, PPL Electric, etc.) via original trainings that are rooted in practicality, research, and experience that most importantly yield results. As a former full-time Human Resources employee, I bring a unique perspective to my clients, because I relate to both the needs of the employee and the vision of the management team (s)...which at times are not in alignment. During my twelve-year career in Human Resources, I saw and experienced what it was like to manage professional and personal goals and responsibilities and felt like I had to pick between the two. I know what it's like to hold positions and dealing with imposter syndrome, a disproportionate number of responsibilities and expected to drive results. Despite all this, I have been known throughout my career, to elevate my roles by driving tremendous results, strategically and effectively, while cultivating confidence and balance, in myself and others. In short, my goal in training your organization is to effect growth and transformation, by empowering the audience to learn how to do the same.

As a Latinx HR professional turned coach/trainer, I have a very diverse perspective that I've been able to employ when I trained companies, such as PPL electric and International Markets Live, to name a few, to incredible results! Studies show that depression has increased amongst Americans by 300%, both employees and employers are still learning to adjust to this new normal to varied results...and that is where I come in. With my robust communication skills and dynamic trainings, I am known to effectively deliver information and transformational concepts, through a practical yet inspiring delivery that improve individual team morale, productivity, and therefore a natural increase in positive results. Ashley Anne, from PPL Electric, stated the following:

I had the absolute pleasure having Pepz as our keynote speaker for our lunch and learn series around mental health. He set the bar so high for the rest of our series. His flexibility and willingness to speak to the issues surrounding our employees helped shape candid conversations we are still having. His vibrant spirit and flawless delivery made his presentation easy to follow. Everyone left uplifted and inspired to reach their goals.

My favorite topics to train on, yet not limited to, are:

- Time management to yield more results while pursuing balance
- Elevating the Role: Driving results, whether as an employee or as a manager
- Mental Decluttering: Protecting your mental health
- Cultivating Confidence

By the end of my session, audience members will walk away saying:

- "I now know how to better manage my time to yield more results AND feel more balanced better than before"
- "I received clarity from an expert on mental decluttering."
- "I'm feeling excited about what's next when it comes to my team producing more results."
- "This workshop on time management and goal accomplishing was the best one I went to"
- "The advice, Pepz, shared was unique, practical, and super relevant"

Speaking at your organization is an opportunity I'm truly passionate and excited about, especially because not only am I one of the most qualified trainers, but one of the most passionate and creative ones. I'd love to share more information and hear about ways I can design a workshop or keynote speech that's perfect for your audience. To facilitate the process, please complete this [quick form](#), so that I can create a unique and impactful experience for you and your organization. Thank you.



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