



# Meg Prejzner

INTERNATIONAL KEYNOTE SPEAKER  
ENTREPRENEUR, CEO, HUMAN.

SPEAKER INFO



Meg has a gift of connecting with audiences and making each person feel truly seen as she teaches others how to overcome their current challenges and unlock the power of possibility.

Meg's approachable personality captivates audiences as she provides a refreshingly real, relatable approach on stage. Whether she's speaking on stage, joining a panel of guests, or leading her own platform and show, her down-to-earth demeanor immediately draws people in as they feel comfortable to be their true selves and leave inspired to unlock their greatest potential.

Meg's #1 goal is to leave audiences feeling confident and excited to wake up to a new way of thinking as they show up as their whole self and create a life they love.

She draws from her own experiences of overcoming an adverse childhood to paving her own way through nearly every stage of life, as she inspires audiences to overcome their current challenges in life and truly create a life they love for good.

From being the first in her family to go to college, to coinflip to choose her major,

to a bungee jumping adventure that led her to start her own business, Meg captivates audiences and empowers them to challenge their very own mindsets en route to their greatest life yet.

Audiences will not only leave inspired but walk away with real, tangible steps they can take towards their own goals.

Meg's contagious, relatable presence will make audiences feel like they've known Meg their whole life as they feel connected and inspired to a truly transformational journey.





## ABOUT MEG PREZ

### Branding, Business & Life In Between

Meg is an award-winning CEO and entrepreneur, who has worked with everyone from Fortune 50 companies to global thought leaders to nationally-recognized brands across nearly two dozen industries.

After bungee jumping in New Zealand led Meg to leave her executive role in corporate marketing to start her own business, she's been leading brands and entrepreneurs ever since.

Whether speaking on stage, executing strategy with corporate leaders, or leading one-on-one sessions with entrepreneurs, Meg teaches people how to unlock their greatest potential en route to their next level of success.

*Meg draws from her own experiences in overcoming adversity, taking risks, and carving her own path every step of the way in customized lessons and conversations for your audience!*

## MOST REQUESTED TOPICS

- ✓ **A Survivalist Guide to Thriving: Breaking the the Survivor Mindset**  
Meg teaches people how to move from surviving to thriving by finding their true purpose, and allowing joy to flow. With personal anecdotes and real-life stories of overcoming an adverse childhood to become the first to go to college, and then starting multiple businesses, audiences will walk away knowing:
- ✓ **Taking the Leap: How Letting Go and Betting On Yourself**  
Audiences will learn how to quit playing it small and take the leap toward their dream life, as they show up as their whole selves and learn how to create a life they can't wait to wake up to every single day.
- ✓ **Unshakeable: Transform Adversity Into Power of Purpose and Create a Life You Love**  
Audiences will learn how to turn setbacks, adverse beginnings, and trauma into their greatest power as they learn how to find purpose, rewrite their story, and become unshakeable in creating the life of their dreams.
- ✓ **Brands that Win: How to Connect with Humans, not Data Points, and Build an Iconic Brand**  
Businesses struggle to stand out in a crowded marketplace because they are focused solely on the numbers and overlook the most crucial part about how to grow (income, audience, reach, etc.) - there are people on the other end of the numbers.



## WORKING WITH MEG

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No matter the stage or audience size, Meg connects with audiences instantly as she chats all things branding, marketing, business and power of energy. She works with everyone from local events to podcasts to corporate events to workshops.

## WHAT YOU CAN EXPECT

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Whether you're hosting an event, or team workshop or inviting Meg to your podcast, Meg brings energy and leadership while embracing a welcoming and approachable tone to every conversation to help everyone feel deeply connected

AS SEEN IN



business.com



mediabistro  
A Recruiter.com Career Community

Brandingmag

PRontheGO



[www.megprez.com](http://www.megprez.com)  
[meg@megprez.com](mailto:meg@megprez.com)

## GET IN TOUCH

If you'd like to invite Meg to your next event you can reach out to [meg@megprez.com](mailto:meg@megprez.com) to share theme of your event, check her availability and bring your vision to life together!

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