



Meet Maura Sweeney

Podcaster, author and popular media guest, Maura Sweeney has addressed audiences in 15 countries on personal and professional leadership, exiting one's comfort zone and the power of happiness in the workplace.

Named the Ambassador of Happiness by the UNESCO Center for Peace when she spoke at the inaugural Nelson Mandela Day celebrations outside the nation's capitol, Maura delivers engaging presentations with an unexpected punch that belies her happiness mantra.

A 1980 graduate of Boston College, Maura is a former decorated corporate manager, business co-owner and home-schooling mom who launched her reinvention at midlife to positively impact culture on a broader scale.

Since then, Maura has keynoted at national leadership conferences, universities, corporations, women's events, American Embassy outposts and at various non-profit and government entities.

An engaging media guest, she has been featured on 400+ outlets including NBC, BBC, European TV news, international press and scores of podcast and radio talk shows.

Maura's insights have also appeared in the Boston Globe, Tampa Bay Times, the Emmy award winning ESPN 30-for-30 film *Playing for the Mob* and under her personal HuffPost column.

An avid traveler with a heart for humanity, Maura has journeyed to nearly 70 countries. At home, she and her family have hosted international exchange students, missionaries and women in transition.

Maura's Top Awards

During her corporate tenure, Maura was recipient of numerous national leadership awards including an esteemed Chairman's Award.

The All Ladies League - the largest independent women's organization in the world - named Maura one of its Women of the Decade at its 2018 event in The Hague.

In 2020, Maura received the Legacy Award for Global Diplomacy at the Leap and Shine international leadership conference in London, England.



Maura's Most Popular Speaking Topics

- * Be a Leader in Your Own Right – With or Without a Title!
- * Exiting Your Comfort Zone into a Happier Future
- * From Harrowed to Happy: You Can Make it Happen!
- * The Power of Communication and You
- * (new for 2021) Travel: Your Ticket to Adventure and Self-Growth

Why Choose Maura as a Speaker for Your Next Event

Maura brings presentations alive through reflective questions and the art of personal storytelling. Passionate and collaborative by nature, she curates personalized, memorable and impactful experiences for every client. Attendees leave presentations feeling inspired and empowered, armed with tangible tools to make positive changes in their own lives and motivated to engage further with the world around them.



Key Links for More Info on Maura

See links below for Maura's YouTube Sizzle Reel, her LinkedIn resume and her extensive Speaker Hub Profile that features client names, 30 testimonials and several presentation videos.

Video Sizzle Reel:

<https://www.youtube.com/watch?v=L-9MZOeXRNg>

LinkedIn Profile:

<https://www.linkedin.com/in/maura4u/>

SpeakerHub Profile:

<https://speakerhub.com/speaker/maura-sweeney>

Contact Maura Sweeney

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