

# Laughter for Health Programs for Healthcare Organizations

Texas Behavioral Institute  
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# Hello!

STEPHEN M. FINDLEY

I am here because I love to give presentations.

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A photograph of a clown doctor examining a young girl. The clown is wearing a white coat, a red stethoscope, and a black beret. He has a red clown nose and is holding a small stethoscope. The young girl, wearing a pink shirt, has a red clown nose and is looking directly at the camera. The background is plain white.

**“THE ART OF  
USING LAUGHTER  
TO HEAL”**

# WHO ARE THE PIONEERS OF LAUGHTER & HEALTH?



LAUGHTER  
YOGA  
ROCKS!!

1995

MUMBAI, INDIA



Need Some  
Laughter?

OPEN  
WIDE



AHH!!

# Play Like Children!





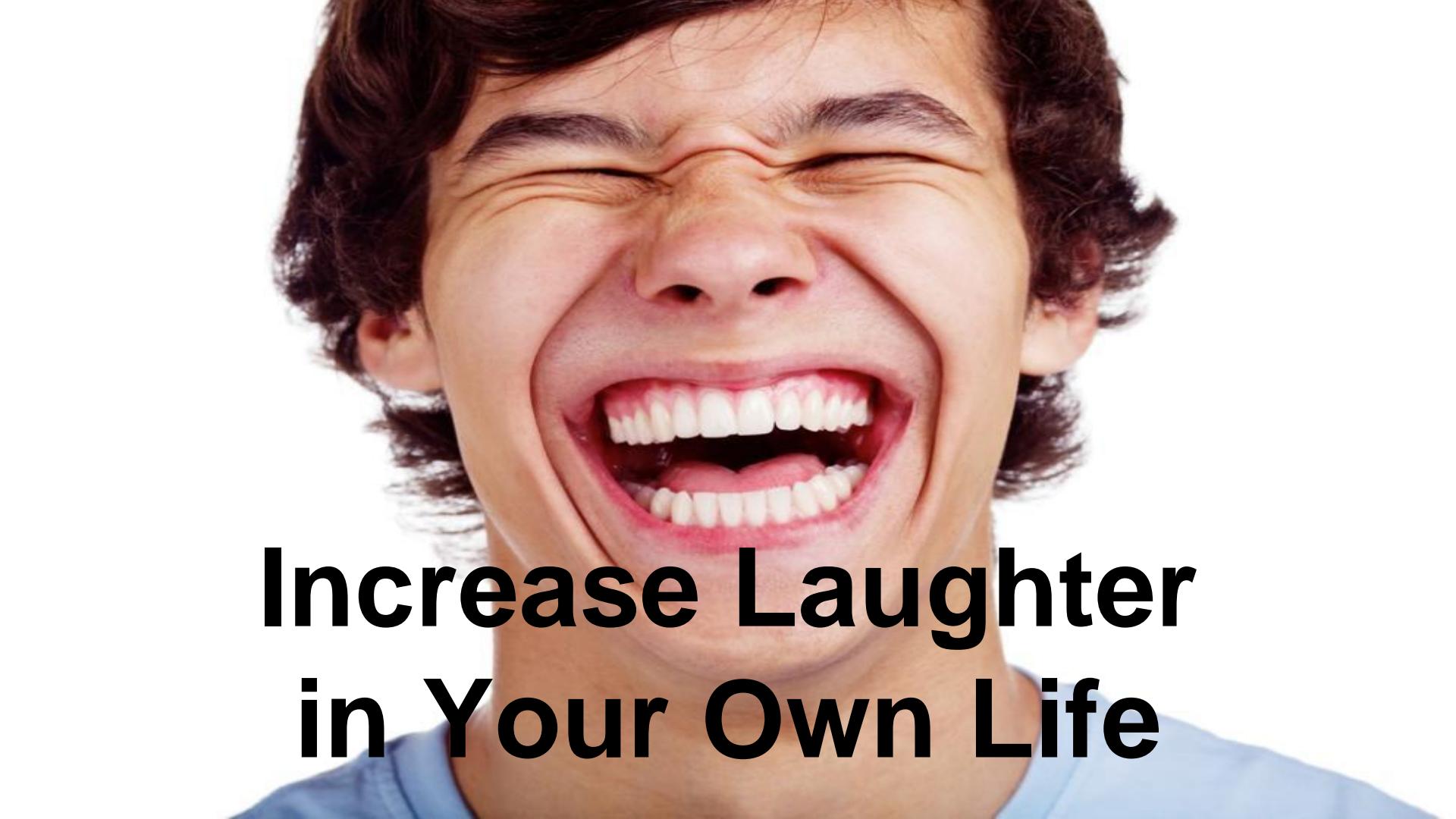
# **Value-Based Laughter Exercises**



# LAUGHTER FOR HEALTH PROGRAMS IN HEALTHCARE ORGANIZATIONS



Attend the 2-Day Certified  
Laughter Yoga Leader  
Workshop



**Increase Laughter  
in Your Own Life**



“Learn to Laugh You Will”

# Learn How to Run

# Laughter Programs



Find Certified  
Laughter  
Yoga Teachers

A silhouette of the state of Texas is overlaid on the background. The silhouette is composed of three horizontal bands: dark blue for the top, white for the middle, and red for the bottom. A white five-pointed star is positioned in the center of the blue band, overlapping the state's outline.

[WWW.LAUGHTERYOGA.ORG](http://WWW.LAUGHTERYOGA.ORG)

# Thanks!

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For further questions?

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