

Lana McAra
Media Materials

Bio

Lana McAra, an award-winning, international best-selling author and ghostwriter of 40 titles through traditional publishing with a million books sold. Lana is also a spiritual luminary and energy healer. She has been teaching how to write fiction for 20 years.

Writing under the name Rosey Dow, she won The Christy Award and The Literary Titan Silver Book Award for her historical novel *Reaping the Whirlwind* and her mystery series, *Colorado*, sold more than 250,000 copies. She has two new titles coming out in early 2023: the re-release of *Reaping the Whirlwind* by Rosey Dow, and *Shaken But Not Stirred* by Lana McAra.

Go to www.LanaMcAra.com to download your free video and ebook: "Your Novel Notebook: How to organize your materials and take your novel to the next level."

Primary Audience

My primary audience is women over 50. Most of them are single, divorced or widowed. They have been through a lot in life. They have done the work on themselves, and they have a lot to share. They also realize that in the 21st century they have opportunities their mothers did not have, and they are ready to embrace those opportunities. My secondary audience is writers of any gender or age who want to learn how to write a solid, memorable story.

TOPIC #1 HOW TO DRAW FROM YOUR LIFE LESSONS TO CREATE IMPACT-DRIVEN FICTION THAT SELLS

Interview Questions:

1. Tell us a bit more about how you got started writing.
2. What brought you into the impact-driven space when it comes to writing a novel?
3. What are 3 key tips on that topic you would like to share with our listeners?
4. Can you give us an example?
5. How can we get more from you?

TOPIC #2 HOW A STALKER GAVE ME A FRESH START

Interview Questions:

1. Tell us briefly about your stalker story.
2. What are some ways people can protect themselves in a situation like that?
3. How did you use this terrifying situation to help your future?
4. How do we get more?

TOPIC #3 YOUR PAINFUL PAST IS A MAGNIFICENT ADVANTAGE WHEN YOU KNOW THIS ONE THING

Interview Questions:

1. Tell us a bit about your own challenging past and how it became an advantage.
2. What would you say to someone who has been through extreme circumstances?
3. What are some suggestions for someone who wants to take that leap from victim to victor?
4. How do we get more?

I can also address “Never Date a Narcissist Again” based on my book by that title on Amazon at this link:

https://www.amazon.com/Never-Date-Narcissist-Again-Without-ebook/dp/B08B4ZW37H/ref=sr_1_1

I’m always eager to share my personal story of spiritual awakening after a life of hardship and trauma, a message of hope to people going through hard times at any age.

Website: <http://LanaMcAra.com>

Social Media links:

Facebook: <https://www.facebook.com/lanamcara2>

LinkedIn: <https://www.linkedin.com/in/lanamcara/>

YouTube: <https://www.youtube.com/c/lanamcara>

Twitter: <http://www.twitter.com/lanamcara>

Instagram: <http://www.instagram.com/lanamcara2>

Amazon: <https://www.amazon.com/author/roseydow-lanamcara>