



KAT MAHONEY

VISIONARY LEADER


Kat Mahoney is a seasoned expert in visual storytelling, edutainment & gamification, military lifestyles, and mid-life changes for professional women. She has presented at Washington DC Mental Health America, served as an advisor on the Google Health & Technology Board, Keynote Speaker at the Governor's Military Mental Health Conference, Author of several award-winning military family books, and Producer of INSPIRE RoundTable Podcast and Mindful Gaming.


FOCUS

WORK LIFE BALANCE

Educational entertainment seminars, focusing on a diverse range of topics addressing critical issues that enhance personal, professional, and creative development. For military veteran spouses, Mompreneurs, and change seeking professionals.

CONTACT

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 www.katbratEDU.com

SEMINARS

I LOVE YOU, SQUIRREL

Designed to provide insights and support for individuals navigating the complexities of relationships with Autistic Neurodivergent partners and ADULT children.

ORDER ON THE HOMEFRONT

This seminar serves as a valuable resource for new and transitioning Military Spouses, offering stories, tips and strategies to effectively navigate the complexities of military and civilian life.

LIFE BEGINS NOW

Aimed at empowering individuals to redefine success, work life balance, time management, and meaningful objectives through mid-life and career changes.

TOP TAKE AWAY TIPS

- Building Solid Relationships
- Personal & Professional Growth
- Navigating Change Through Chaos

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VISIONARY LEADER & SPEAKER



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SUMMARY

Seasoned expert in visual storytelling, edutainment & gamification, military lifestyles, and mid-life changes for professional women and Mompreneurs.

PUBLICATIONS

Meet Robby the C-130
September 2008

Robby the C-130 Goes to Germany
October 2009

Robby the C-130 Goes to Hawaii
January 2011

Embracing the Bloodline
February 2012

Robby the C-130 Operation Gift Drop
November 2018

Turn Off That Game!
April 2022

Astrid & The Case of The Missing Cupcake
July 2022

**Being American: Surviving Military,
Motherhood, Mental Health**
March 2023

BACKGROUND

Visionary Leader & Public Speaker

Katbrat EDU | 2008 - Present

- Enhanced audience engagement by incorporating storytelling and real-life experiences into presentations and streams.
- Participated in panel discussions as a subject matter expert, contributing valuable insights on relevant topics.

CEO & Executive Producer

Katbrat Studios | 2018 - Present

- Utilized multimedia resources to create visually engaging presentations that complemented verbal content.
- Participated in panel discussions as a subject matter expert, contributing valuable insights on relevant topics.

Non-Profit Founder/Advocate

Self | 2014-2019

- Wrote and edited high-quality content and visually impactful programs with educational, captivating, and authentic approach.
- Shifted a new look at education for special needs and military families.