



Ben Killoy

There Is More To Life Than
Being Alive

Lead, Love, and Legacy

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*We are told to go into the world and make a
living, but rarely told how to live.*

Ben Killoy

Certified Dad, Speaker, Coach, and Author

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Brought Ben Killoy to speak at the inaugural Military Creator Con, a micro-con of Podfest to share his experience as a host of an interview show. The experience he brought to the audience was overwhelming! His knowledge, authenticity, and transparency surely made him the crowd favorite. He put a smile on each person's face he talked to as he welcomed them into his life! A must-have a guest on any stage as you'll get much more value than you could ever pay for.

JEFFREY LODICK

Co-Founder of the Military Podcast Network

What Type of Organizations Book Ben



Churches



Military



Community



Family Law Services

Ben Killoy's honesty about his own struggles with self confidence, how he changed that self view, and how you can do the same is incredibly inspiring. His message is heartfelt, on-point, and eye opening. An excellent speaker and motivator for any group!

KEITH NAGEL

The National At-Home Dad Network

THE 3 FEATURED TALKS

There Is More To Life Than Being Alive

A keynote presentation designed to bring self-reflection into focus for Dads. To identify the war within, find your truth, and set out on a path to start living vs making a living.

Creating a Never Quit Mindset

People who refuse to quit are driven by commitment, not by their feelings. Through the use of real-world stories from his life and military service, Ben delivers actionable advice making the switch from leading from a place of insecurity to leading from a place of strength.

Integrity is a Whole Number

Integrity is more than just keeping your word, it's living a whole life. The word integrity evolved from the Latin adjective *integer*, meaning whole or complete. It is defined as 'an undivided or unbroken completeness', or a state of being complete or whole. ... Living with integrity means being true and authentic to our code of beliefs or worldview. Ben shares real-life stories and how it is the foundation to building a strong home with love and a strong legacy.

Workshops

- The Fishbowl Effect of Emotions
- Reframing Personal Stories of Hardship
- Creating a Vision With a Gravity That Pulls You



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Certified Dad, Speaker, Coach, and Author

Ben Killoy grew up on a farm in Southern Wisconsin and joined the United States Marine Corps immediately after high school. He transitioned out of the military in 2007 and began the hardest battle of his life, trying to find his place as a veteran, business owner, leader, and family man.

He faced many struggles along his path including dropping out of college, losing a job, and starting a family. Through his journey to becoming a better dad and finding his purpose, Ben found a passion for coaching others through life transitions and creating an intentional legacy for his family.

CONNECT WITH BEN

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Ben now helps other dads find more to life, by redefining the parameters for living and creating a life worth living and leaving behind.