



# Kimberley Chapman

## Author, Speaker, Coach and Talk Show Host

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## AN INTRODUCTION

I am an Intuitive Transmedium, Life Transformational Coach, Author, National Speaker of Public Speakers Association, Talk Show Host, Podcaster and a Boss Lady who educates, enlightens, and empowers you to awaken to your true authentic self. My goal is to help you understand the true meaning of life and how you are an important part of it.

Beginning with childhood and continuing into adult life I had suffered from emotional, financial, mental, sexual, spiritual, and verbal abuse which sent me on a journey of discovery. I had an amazing experiences and came to understand a great many things. This led to study and research that caused an awakening into self-realization and eventually to my transformation evolving into a whole new person.

## SPEAKING TOPICS

- What are Limiting Beliefs?
- What are Emotional Energetic Traumas
- How do you know you have limiting beliefs
- How does Limiting beliefs effect our Subconscious mind
- How to overcome limiting beliefs
- How do you transform the mind
- How you can heal from traumas and change your DNA

## THE MISSION

My specialty is teaching others to transform their lives by helping them look at issues and problems in a new perspective and learning new skills and techniques to overcome their issues. I want to show you how to become the best version of YOU and live YOUR best life now!

## “ WHAT PEOPLE SAY? ”

So fun, new, inspiring! ★★☆☆☆ She asks the questions we need to be asking right now in our lives. We are in such a crucial point in history and these are the conversations we need to have in order to pave the way for newer methods and strategies on how to go about building a circular system and economy as well as a more evolved society. She makes it fun and entertaining with humor and amazing guests! kai marie

