



JARED GARRETT

MOTIVATION EXPERT
BESTSELLING AUTHOR
SPEAKER
FACILITATOR

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INSPIRING INDIVIDUALS AND GROUPS TO BECOME THEIR BEST

Your capacity is greater than you realize.

I've spent years transforming the baggage of my youth into an armory for growth and deep joy – beyond any aptitude I could have imagined. The key to my personal growth has been learning to *Win the Moment*. I want to help you do the same.

My goal: inspire and enable my audience to be intentional about the moments in their professional, personal, and family lives. This starts with learning to notice and take a mental pause. Through introspection, in-the-moment querying, and affirming motivation, we learn to win a moment here and a moment there.

This begins the process of winning the moments. When individuals do this as a team, the result of their collective effort is improved morale, communication, and productivity.

PROGRAMS:

- Win the Moment: Transform Passive, Fossilized Cycles to Active Progress in Life
 - Using anecdotes from my unique origin story and the experiences I've had worldwide, I illustrate how to be intentional about... well, everything.
- Presentation Superpowers: Four Quick Wins for Improved Public Speaking and Teaching

Programs are available via virtual platforms and can be adapted for keynotes, seminars, and half-day / day-long workshops.

TESTIMONIALS

Miguel Niko, PhD

Director of Online Learning, UNCP

"As a facilitator, Jared is not only a true subject matter expert in online learning and instructional design, but also a very engaging speaker. Every time I have invited him to facilitate sessions, he gets glowing reviews from the participants, given the high quality of his content and his ability to connect with the audience."

Emilia D'Anzica

Founder, CEO – Customer Success Consulting

"Jared has expertise in understanding learner needs and creating innovative solutions. I would recommend Jared for any leadership role where he can build and influence learning programs. Jared makes learning fun and challenges conventional ways of learning technology. He knows how to make ideas 'stick'."

Blind Feedback from Senior Account Execs Amazon Advertising

"This training was great! I have attended many day long trainings, it did not feel like this took all day. I was engaged from the beginning, I loved the interactive activities! I could see the difference in my own presentation and the presentation of others. This was a great class and Jared is a great instructor!"

"I thought the entire day from start to finish was very engaging and very informative. If there was a follow-up course, I would take it in a heartbeat. Jared was 10/10 on facilitating. I would attend any of his other sessions."

**TO BOOK JARED FOR YOUR NEXT EVENT, CALL
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@jaredngarrett

PAST CLIENTS



...and many more!

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