

# Jen Fry Talks Conflict, Culture, & Tech.



## Dr. Jen Fry

Sports Geographer, 2x Founder, Speaker, and Educator



Dr. Jen Fry (she/her) is a powerhouse speaker, TEDx presenter, and Sports Geographer who transforms the way organizations and leaders approach conflict and culture. With an unparalleled ability to break conflict down to its roots and turn discomfort into growth, Dr. Fry delivers thought-provoking, energizing keynotes and workshops that push audiences to rethink their relationship with conflict, embrace hard conversations, and walk away with real, actionable strategies to create lasting change.

As the founder of JenFryTalks, Dr. Fry leads an organizational change firm that redefines conflict not as a problem to avoid, but as an opportunity to innovate, grow, and build stronger teams. Her work centers on how leadership and culture are shaped by conflict, guiding organizations to harness these dynamics to drive transformation and success.

Dr. Fry's vision doesn't stop at conflict and culture. As a tech innovator and entrepreneur, she brings firsthand insights and experience to conversations happening at the intersection of leadership and innovation. Drawing from her journey of building successful ventures, she offers audiences practical tools and bold inspiration to navigate challenges in the rapidly evolving worlds of technology and entrepreneurship.

A veteran collegiate coach with over 15 years of experience, including a national championship appearance, Dr. Fry brings a unique, high-energy perspective to her talks. Her extensive speaking portfolio includes over 200 engagements with organizations such as the NCAA, SEC, Michigan State University, Texas Tech, NIH, SHRM, Yale, and Harvard, proving her ability to captivate diverse audiences.

Dr. Fry's TEDxDuke talk, Radical Social Justice Education Through High Fives, exemplifies her knack for distilling complex topics into relatable, transformative lessons. Whether discussing conflict, culture, entrepreneurship, or the future of tech, Dr. Fry delivers with authenticity, humor, and a visionary edge.



“ I am a connector at heart. Whether it is at work, with people, or places.

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