

One Mission, One Vision – Empower. Equip. Educate. Elevate.



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Dr. Darlene "Dr. Dee" Williams
"Called to Heal. Commissioned to Lead."
Leading with Purpose, Healing with Heart



Certified MWBE | Executive Coaching | Grief Recovery |
Wellness/Restoration| Leadership Transformation

*Transformational Executive Coaching,
Training, & Wellness Consultancy*

•Equipping Leaders. Training Coaches. Inspiring Educators—Multiplying Hope.



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•Her Voice • Her Vision • Her Victory

Grief- Tested. God-Crowned



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About Me



“I help executives, individuals, and coaches transform pain into purpose, purpose into confident impact, and passion into life-changing inspiration—because I’ve lived healing, not just taught it.”

Dr. Dee

Certified MWBE | Executive Coaching | Grief Recovery |
Wellness/Restoration| Leadership Transformation

💖 **Wife, Mother, Grandmother, Sister, Friend & Community Leader**—Led by love, Anchored in Faith

👉 **Preacher, Minister, Chaplain, Educator & Coach**—Grounded in Scripture, Strategy, and Soul Restoration

📚 **Author of 12 Books**, Including the *Joy in the Journey™* series for emotional wellness in youth & families

🎙 **Host of The Dee-Brief with Dr. Dee Podcast**—Faith-filled insights for healing, purpose, and power

🌟 **Certified Master Life & Executive Coach** with over 30 years of Transformational Leadership

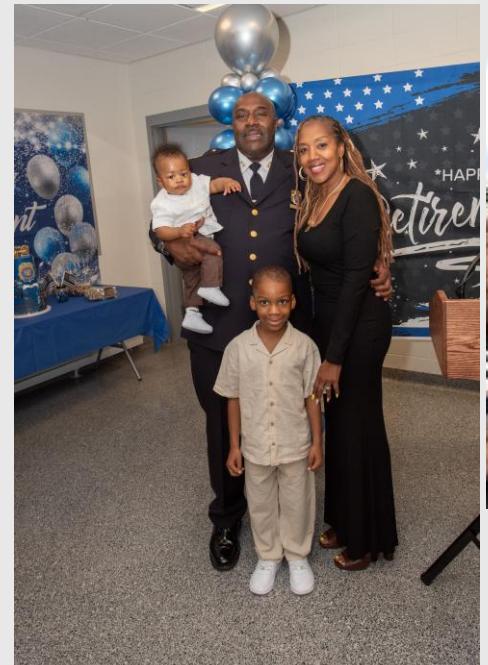
🦋 **Founder & CEO** of Darlene Williams Consulting, LLC & Restoring Bountiful Joy™, LLC

🧭 **Creator of the FPS: Freedom Positioning System®**—a trauma-informed, faith-rooted coaching framework

🎤 **Sought-After Speaker & Facilitator** for healing-centered conversations in faith, education & leadership spaces

🧠 **Grief Recovery & Emotional Wellness Expert** serving high-functioning leaders, caregivers & communities

🏛 **Former NYC Senior Executive** with a legacy in education, equity, and nonprofit strategy





By God's Grace, I've Overcome....

Lifequake

A significant, sudden and unexpected shift in the trajectory of your life that initially feels devastating but has the beneficial outcome of catalyzing personal growth, transformation and rebirth.

- *A Life-Altering Illness*
- *Domestic Violence*
- *Divorce & Poverty*
- *Family Trauma & Emotional Abuse*
- *Mental Illness in Family Relationships*
- *Compounded Grief & Loss (10 Deaths in 6 Years)*
- *Racial Discrimination and Bias in the Workplace that Tried to Silence My Voice*
- *Betrayal Trauma - House of Worship/Church Betrayal in my “Safe Haven”*

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*I've Done A Lot Of Things **WRONG** & Experienced Things*

I KNOW.....

- ✓ *I know* what it's like to **smile in public and cry in private**—and still show up the next day like nothing happened.
- ✓ *I know* what it's like to **pour into others while secretly running on empty**.
- ✓ *I know* what it's like to **encourage everyone else while silently questioning your own purpose**.
- ✓ *I know* what it's like to **hold space for others' pain while having no space for your own**.
- ✓ *I know* what it's like to **celebrate wins in the spotlight and grieve silently in the shadows**.
- ✓ *I know* what it's like to **be needed by everyone—but nurtured by no one**.
- ✓ *I know* what it's like to **lead the meeting, run the household, and preach the message—while barely holding yourself together**.
- ✓ *I know* what it's like to **pretend "I'm fine" because breaking down feels like a luxury you can't afford**.

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Remember...



YOUR CROWN IS SECURE



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Grief-Tested, God-Crowned Her Voice • Her Vision • Her Victory

“Isaiah 61:3 declares that He will give us *a crown of beauty for ashes, the oil of joy for mourning, and the garment of praise for the spirit of heaviness.*

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Through it all, I Discovered this Truth:



Self-Care & Healing is not Selfish.
It's Sacred.

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The Weight of the Crown

WE are Crowned to LEAD

Not in spite of what we've been through.....

Because of what we've OVERCOME

**Grief-Tested, God-Crowned
Her Voice • Her Vision • Her Victory**

Executive Trifecta Mastery™

FPS: Freedom Positioning System®

Joy In The Journey™ SEL Curriculum & Book Series

Restoring Bountiful Joy Coaching Program™

Restoring Bountiful Joy Coaching Certification Program™

The Williams Academy™

The Dee-Brief With Dr. Dee Podcast

Pen of Healing: Where Stories Become Pathways To Freedom

Joy In The Journey™ SEL Curriculum & Book Series

Joy in the Journey™
A Social-Emotional Wellness Series for Healing, Identity, and Purpose
Dr. Darlene "Dr. Dee" Williams

For Purchase/Bulk Distribution Contact
Website: www.drdarlenewilliamsconsulting.com
E-Mail: drdee@drdarlenewilliamsconsulting.com

FATHER, MOTHER, SISTER MY GRIEF - BUT GOD!
MOVING FORWARD WITHOUT PIECES OF MY HEART
A HEALING JOURNEY THROUGH GRIEF AND LOSS
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WORKBOOK
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Spiritual Navigation to Freedom for Your Spirit, Soul & Body
It's Time to be Free - Let's Go
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From Broken to Bold
7 HEALING TRUTHS TO RECLAIM YOUR JOY
REV. DR. DARLENE "DR. DEE" WILLIAMS
E-Book - Free Download on Website



Joy in the Journey™
A Social-Emotional Wellness Series for Healing, Identity, and Purpose
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Cory - My Map To Becoming Me
(Grades K-4 | Ages 5-9)
\$10.99

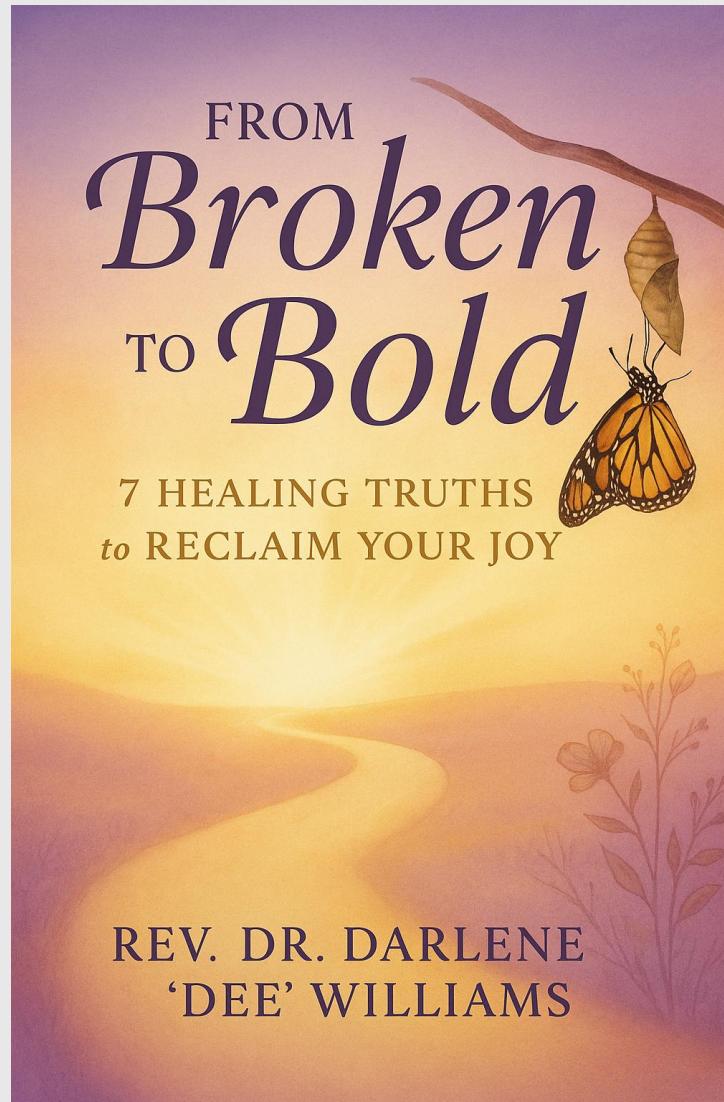
Jada - Unlocking Me: The Journey to Who I Am
By Dr. Darlene "Dr. Dee" Williams
Jada - Unlocking Me: The Journey to Who I Am
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(Grades 5-8 | Ages 10-13)
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Rooted & Rising College Edition
A Guided Journal for Identity, Growth & Purpose
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\$16.99

Leah - Becoming Me: Identity, Impact, and Inner Strength
Elijah - Becoming Me: Identity, Impact, and Inner Strength
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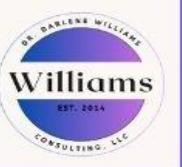
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FPS: Freedom Positioning System® Signature Framework



Dr. Dee's Signature Methodology for Transforming Grief & Life's Challenges into Empowerment

Developed by **Dr. Darlene "Dr. Dee" Williams** in her 2014 published book **FPS: Freedom Positioning System; Spiritual Navigation to Freedom for Your Spirit, Soul & Body**, the FPS: Freedom Positioning System Signature Framework © is a faith-centered, transformational roadmap designed to help individuals break free from emotional, spiritual, and mental barriers that keep them stuck in grief, self-doubt, and limitation.

Pillars - Freedom Positioning System Signature Framework©

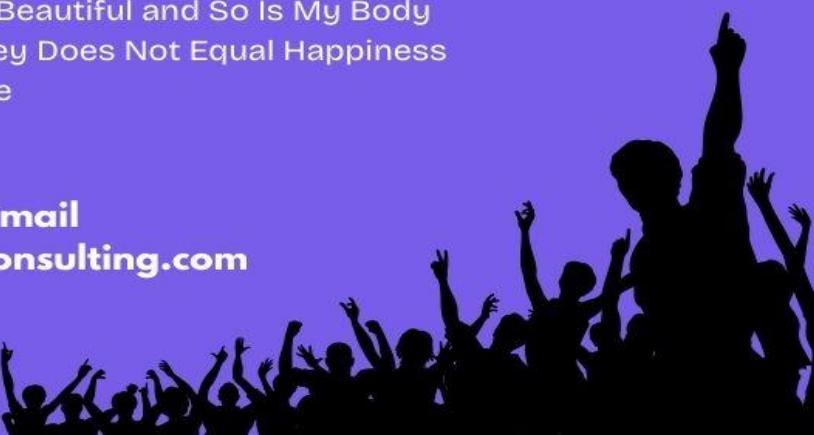


- Freedom from Approval – Release from the Need to Please Others
- Freedom from Perception – Overcoming What Others Think About You
- Freedom from Anger – The Impact of Pride and Resentment
- Freedom of Forgiveness – Letting Go – It's Me, Not Them
- Freedom from Relationship Expectation – Be Real; Be True – Not Unrealistic

- Freedom from the Past – Lessons Learned and Moving Forward
- Freedom from Control – Getting Rid of Negative Thoughts
- Freedom from Negative Body Image – I Am Beautiful and So Is My Body
- Freedom from Financial Restrictions – Money Does Not Equal Happiness
- I'm Free – Healed, Hopeful, Happy, and Whole



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ARE YOU CALLED TO COACH?

Join The Williams Academy
**5-Day "Called to Coach
Challenge**

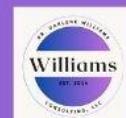
**Stop Guessing—Start Coaching
with Confidence!**

**Ready To Serve With Competence & Confidence?
Scan QR Code/Use The Link To Book Your Discovery Call
With Dr. Dee Today**

<https://bit.ly/Launch6FigureGriefCoachingBusinessBecomeACertifiedGriefCoach>
Email: info@drdarlenewilliamsconsulting.com



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School Administrators · Teachers · Counselors · Superintendents
Parent Coordinators · Safety Teams · Social Workers · Community Partners



2-DAY VIRTUAL TRAINING THE 3 BIGGEST MISTAKES SCHOOLS MAKE AFTER A CRISIS

And How to Avoid Them by Building
Healing-Centered Schools

- Rushing back to “normal” too soon
- One-off assemblies instead of a plan
- Overlooking adult grief & staff care

10/23/2025 - 10/24/205
3:00 PM - 4:30 PM



Restore Safety • Rebuild Trust • Strengthen Resilience

Hosted By:

Dr. Darlene “Dr. Dee” Williams
Certified NYC Department of Education Vendor
Minority Women Business Entrepreneur (MWBE)



RESERVE YOUR SEAT



Scan QR Code To Register
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info@drdarlenewilliamsconsulting.com



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Her Voice



Her Vision

- **Clarity:** define what matters, align every decision with purpose.
- **Courage:** choose obedience over optics; lead even when costly.
- **Continuity:** create structures that sustain people, mission, and impact.
- Lift your eyes. Name the future. Build for generations.



Her Victory



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- **Scope note:** These materials support **non-clinical grief coaching**. They do not constitute therapy, medical, or legal advice. Always practice within your scope and refer when appropriate.

Thank You!

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Download a Free Copy of My EBook:
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