

Dr. Janet Lockhart-Jones

SPEAKER | MENTAL HEALTH ADVOCATE | DEI EDUCATOR | LEADERSHIP EXPERT

Janet Lockhart-Jones stands as a beacon of inspiration, advocating for the unleashing of latent potential within individuals and organizations. Her dedication to fostering life-affirming environments through public speaking, workshops, and coaching is a testament to her belief in the transformative power of leadership and personal growth. Janet's vision of a workplace where mental wellness, equity, diversity, and inclusion are not mere ideals but practiced realities, reflects a deep understanding of the symbiotic relationship between an individual's well-being and the collective success of an organization. Her commitment to nurturing human-centered leaders and workspaces is paving the way for a future where every person can thrive, contribute, and find fulfillment in their endeavors. Janet's work is a clarion call to action, inviting us all to partake in creating a world where greatness is not just an aspiration but a shared experience.

Testimonials

Dr. Janet Lockhart-Jones was the first person that came to mind when I was looking for someone to facilitate a DISC team-building assessment for a hybrid HR summit with in-person and remote attendees. I know from personal experience Janet's capability to captivate audiences in a live or virtual setting.

--Regina Ross, Khan Academy

I have watched her in action and the entire crowd hangs on her every word. She brings everyone to an ah-ha moment through her powerful eloquence.

--Nell Hall, Benchmark

I needed to decide what I really wanted from life. By asking just the right question at each of our coaching sessions, Janet was able to give me courage to pursue a life less ordinary. If you are lucky enough to get Janet as an executive coach or trainer, then you'll find yourself as a stronger person. I can't recommend her enough.

--Andy Moy, Keystone, Objective Corporation



Signature Keynotes

- ✓ From Mental Unwellness to Mental Wealth
- ✓ The Power of First
- ✓ EDI: D&I are lost without EQUITY
- ✓ What type of Leader are you and why it matters.
 - Autocratic Leader
 - Democratic Leader
 - Servant Leader
 - Coaching Leader
 - Transformational Leader

LET'S WORK TOGETHER



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Current and Past Clients

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