

Lynise Green, N.D.

Consultant ♦ Speaker ♦ Author

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WellWithL.com ☎

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Speaking Topics:

- ✓ Personal Growth & Self-Mastery
- ✓ Well-being in the Workplace
- ✓ Leadership Excellence
- ✓ High-Performance Habits

"Dr. Lynise captivated the room—her message was powerful, relevant, and deeply inspiring."

"She didn't just speak to us—she spoke into us."

"... She blends wisdom, warmth, and strategy in a way that stays with you long after the event."

Dr. Lynise Green is an Integrated Wellness and Leadership Development Consultant, wellness strategist, and award-winning expert who helps high-achieving women shift from burnout to balance and lead with greater clarity, energy, and impact.

With 25+ years of experience in engineering, strategic planning, and organizational transformation, and more than 14 years of experience as a traditional naturopath, certified nutritional consultant, and master herbalist, she brings a rare blend of analytical precision and holistic insight to her work.

Named WELCOA's Top Wellness Professional in America, Lynise empowers individuals and organizations to optimize personal energy, enhance well-being, and create environments where people they thrive – personally and professionally. A Doctor of Naturopathy and certified corporate trainer, she guides women to pause with intention, lead with purpose, and create sustainable success from the inside out.

A leader aligned with their personal well-being and values has the power not only to achieve great things but to elevate those around them to do the same.

Signature Presentations & Interview Topics

Transformative Resilience: Why Bouncing Back Isn't Enough

Discover how to lead with strength *and* sustainability through a redefined, restorative lens of resilience.

When Struggle Becomes Sacred

A faith-rooted look at how women can lead powerfully—without sacrificing themselves at the altar of service.

Energy Driven Leadership

Explore how personal energy—not just strategy—fuels sustainable impact, empowering leaders to operate at their highest level without sacrificing their well-being.



"Dr. Lynise brings a presence that's both grounded and electrifying. Her insights on leadership, energy, and wellness left our audience feeling not just informed, but inspired and hopeful."