

One Page Speaker Sheet



Dr. Andy Barlow, DC "The Code Breaker"

3x Best-Selling Author | Tedx Speaker |
Functional Neurologist & Metabolic Health Pioneer

“The greatest good you can do for another is not just to share your riches but to reveal to him his own.”
- Benjamin Disraeli

AS SEEN ON



Featured Speaking Topics

Code Breaker to Code Healer: Unraveling Chronic Health Mysteries

Dr. Andy Barlow's most sought-after talk, "From Code Breaker to Code Healer," offers a unique and transformative experience. In this engaging session, participants are guided through the intricate web of factors contributing to chronic health conditions. Dr. Barlow expertly transitions attendees from merely identifying issues ('Code Breakers') to mastering the art of creating tailored wellness strategies ('Code Healers'). This talk is not just educational but deeply empowering, providing actionable insights and tools to transform health outcomes.

Breaking the Code of Syndrome X: A Hidden Epidemic

In "Breaking the Code of Syndrome X," Dr. Andy Barlow exposes the silent epidemic affecting 88% of Americans—metabolic dysfunction. With obesity, hypertension, and insulin resistance on the rise, many are unknowingly trapped in a cycle of declining health.

Dr. Barlow reveals the five key risk factors of Syndrome X and provides a personalized, science-backed blueprint for reversing chronic disease. Through Functional Neurology, Functional Medicine, and metabolic optimization, he offers real solutions before these conditions become life-threatening.

About Dr. Andy Barlow

Dr. Andy Barlow is a 3x best-selling author and featured TEDx speaker, recognized as a leading authority in functional neurology and metabolic health. As the visionary founder of the Barlow Brain & Body Institute, he has spent over a decade educating healthcare professionals on managing complex neurological and metabolic disorders. His academic excellence stems from his studies at the Carrick Institute of Functional Neurology—one of fewer than 500 specialists worldwide—and as a graduate of the American College of Functional Neurology. Dr. Barlow's unique blend of brain-based expertise, gut health insights, and cutting-edge metabolic strategies has positioned him as a sought-after expert, helping both doctors and patients unlock new pathways to healing.

- 👁️ License to Heal - #1 New Releases on Amazon 2019
- 👁️ Highway to Health- #1 New Releases on Amazon 2021
- 👁️ The Code Breaker -#1 New Releases on Amazon 2024



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