



# Dr. Dale Laing-Hall, DBA

*Unleash your EQ  
Potential to Influence!*

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Dale is an expert at opening your eyes to your mental blocks. I took the Emotional Intelligence Masterclass Workshop with Dr. Dale reports and it was truly life changing! She is an amazing coach who will help you take your life to the next level!

-Farah, USA. CHG Healthcare



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## Bio

## Speaking Topics

- Emotional Intelligence: Key to Effective Leadership
- The Impact of Emotional Intelligence on Mental Health and Well-Being
- Lead to Succeed: Essential Pieces for Winning at Work & Home
- Mastering EQ: The Key to Cultivating Fulfilling Relationships

In her highly inspirational talks, Dr. Dale reveals her successful secrets of her EQ research study in the workplace, HEART & MIND Mastery Program.

- Self-Awareness Mastery
- Empathy in the Workplace
- Relationships Resonance

You audience will walk away with life-changing insights and tools they can instantly put into practice to enhance their success in life.

Meet Dr. Dale, a visionary Human Resources Executive Consultant, Emotional Intelligence(EQ) thought leader, and dynamic speaker with over 15 years of corporate expertise in the healthcare and mental health space. Founder & CEO of DALE REPORTS, LLC., Author of *Emotions & You*.

With her transformational EQ mastery program, she empowers her clients to “Do Good & Feel Good” by inspiring trust within themselves and motivating teams. Dr. Dale has led executive leadership summits for over 500 professionals. She brings a unique blend of academic rigor, practical experience, and a genuine commitment to inspiring positive change in individuals, workplaces, and communities.

## As seen in:

