

# DAGMAR BRYANT

EXPERT SPEAKER ON RESILIENCE AND EMPOWERMENT //  
BUSINESS COACH

“Life is not about sitting on the sidelines. To achieve success, you need to take calculated risks.”

Dagmar Bryant PhD is a UK based, Australian Motivational Speaker and Business coach who actively lives this motto.

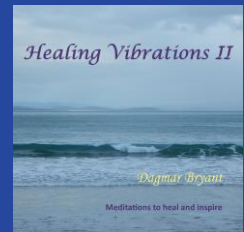
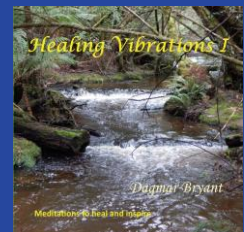
She has a wealth of experience in inspiring positive changes that are industry specific. Utilizing her knowledge, belief and wisdom, she has inspired people all around the world to make positive changes and dramatically transform their lives.

She is a great believer in “Empowerment Begins With You”. Dagmar has been in business for over 18 years and has graced speaking platforms globally including in the USA, Australia and the UK, helping many people across all avenues of life.

She can contribute to your organization’s success, delivering results and empowering your workforce to evolve your business.

In the world of transformation, change and leadership, Dagmar brings a refreshing sense of purpose, captivating audiences with her exceptional mindset. She will drive people to embrace change and become motivated to impact bottom line profits. Her presentation, engagement and insight is inspirational. She really will unlock true potential and help transform lives.

Dagmar Bryant has appeared on TV and been heard on radio. She has been published in the wellness press and has produced two meditation CDs. In her down time she loves to line dance, read and spend time at the beach.



Meditation CD covers

## HIGHLY EXPERIENCED

Dagmar Bryant has presented at more than 100 events including corporate events, workshops, Expos & industry specific conferences.

She has worked with:

- » Harvard Business School
- » BHP Billiton
- » Orica
- » Rohm and Haas Chemicals LLC
- » Watermark Patent and Trademark Attorneys

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“I've had the pleasure of attending a few of Dagmar Bryant's presentations and have received so much valuable information that has been very helpful to me and others as well. Dagmar comes with great excitement and can hold everyone's attention throughout her presentations.

*Carrie Surich, La Habra, CA*

## SPEAKING TOPICS

### Empowerment Begins with You

It focuses on us having a better understanding of ourselves and how we can make positive transformation in our own lives.

Empowerment starts with seeing what we're doing, what is our perspective and how we can change that.

Your audience will be ready to embrace change and come away with 3 key takeaways that they can action right away.

### Resilience and Mindset

How does our resilience and mindset affect who we are and what we can achieve?

By focussing on a predominantly positive mindset, we are able to achieve greater success and an improvement in our work, business and relationships. This means that we will reach our goals faster and enhance our overall wellbeing.

Dagmar is passionate about helping others lead a life of passion. We can choose how to better engage in our daily life, both at work, at home and in the community.

Dagmar can customize workshops and programs for your organization so that your team can achieve the next level of performance and productivity.

AS SEEN ON



I recently had the pleasure of hearing Dagmar Bryant speak at a local event. She made me feel so inspired, when I heard she was speaking again I had to attend the presentation. The topic was regarding Empowerment, specifically, personal development and confidence. Take control and set goals. Above all, take action to change your life! Motivational? Definitely!

Andrea T, Entrepreneur

## BOOKINGS

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