

Dr. Robin Buckley

- Professional speaker
 - Keynote
 - Conference
 - Workshops
- Executive coach
- Couples coach



Are you tired of offering keynotes and workshops which are inspiring, but don't have tangible take-aways?

Are you looking for a speaker who captures your group's attention and engages them?

Do you ultimately want to hire someone who challenges your audience's old ways of thinking and performing, and stimulates them to move towards a new, optimal level of functioning?

How is Dr. Robin different from other speakers?

Robin doesn't perceive speaking opportunities as a unidirectional exchange of information. Instead, she works to incorporate the audience, bringing them in to engage with and dissect the topic. Robin is motivated to inspire the audience, challenge any unnecessary or dysfunctional constructs, but more importantly, to offer the participants concrete strategies to encourage the performance you want from them and that they can thrive with.

Some of Robn's clients and speaking engagements:



Dr. Robin's speaker reel is available on YouTube at [this link](#).

Dr. Robin Buckley



Dr. Robin Buckley is an international professional speaker, cognitive behavioral coach, and author. As a speaker, Robin focuses on two areas of expertise: mental wellness in the workplace and women's empowerment, including the area of women's sexual health. She creates candid and supportive conversations on topics which help individuals thrive in their professional and personal lives. As a coach, Robin works with executives and high-performance couples to help clients create strategic plans for success in their careers and in their relationships based on her proprietary model. The owner of Insights Group Psychological & Coaching Services, Dr. Buckley has a Ph.D. in clinical psychology from Hofstra University, and served as a doctoral professor and dissertation chair for students in business, leadership, education, and healthcare. She has published three books, including *Voices From the Village: Advice for girls on the verge of adulthood*. Dr. Buckley is a columnist for Entrepreneur.com and has been featured as an expert on multiple media platforms, including Thrive Global, Authority Magazine, Nike, various podcasts and news radio.

Signature talks:

- Powerful Women are Scary
- Bedroom or Boardroom: Demanding equity in all areas of our lives
- Wingsuits @ Work: Creating psychological safety for professional risk taking
- The Cast of the A-Team: The power of allyship, advocacy, and activism in the workplace
- Walk the Talk: Helping leaders use storytelling to create a mental wellness culture
- The Octopus in the Room: Coalescing all the arms of your life to create work-life harmony
- Your Ally or Your Adversary: How to control your brain for optimal functioning & mental wellness

Presentation topics , format, and time can be tailored to the needs of your group.

Dr. Robin Buckley

Speaker • Coach • Author



I cannot say enough great things about Dr. Robin Buckley. I have now had the opportunity to attend two of her speaking engagements, one in-person and one virtual, and both times were equally captivating and left me with goosebumps.

Dr. Robin has a unique ability to capture the attention of an audience. She also connects to the group, however large, in a personal way that makes her discussion relatable to anyone listening/watching. She interacts through her presentations with audience participation and involvement, which makes the discussion that much more engaging. The topics she discusses are conveyed with such poise and professionalism, but never lack that element of light-heartedness one hopes for as an audience member.

I could go on and on, but overall, Dr. Robin never fails to impress, and I highly recommend her to anyone. - Brooke Finch, Senior Process Engineer, Aristocrat Technologies

I was emotionally hungover for 3 days after hearing Dr. Robin Buckley speak (in the best way possible). I would watch her over and over again. I still get goosebumps thinking about her presentation. - Anonymous from HER Conference, NH

Dr. Robin Buckley is the epitome of excellence in her field. I was honored to be in the audience for her keynote speech at a recent women's conference and was awed by her brilliance, her graceful speaking abilities and tact for presenting. She is simply brilliant, and she is so well suited to improve the lives of so many people and couples. Just listening to Robin talk leaves you full of inspiration and motivation. Anyone would be (smart and) honored to have her as their guest speaker! - Heather Stasiak, Vice President of Sales Operations, Locations, LLC

Dr. Robin's keynote speech at the HER Conference was inspiring, informative, intellectual, interactive, and intuitive. As an audience, we laughed, we cried, and we grew. She took us on a journey of personal and professional growth that was thought-provoking, memorable, and useful. In short, Robin is a very smart and a very nice person with important things to say and relevant and engaging ways of saying them. Not to be missed. - Iona Evans, Attorney at Law