



Confidence Coaching- to move you past your fears

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Speaking Topics

Handcuffed to the Rules: Key to Unlocking Your True Confidence

I share my personal story of fear, about married to an abusive police officer. This opens people up to their own personal power. Use of signature experiential exercise helps to anchor the lesson.

The TLC Evolution™: 3 Simple Step System for Ridiculous Confidence

In an age of overwhelm it is challenging to make decisions, to form our own opinions or even know what we want. Introducing the TLC Evolution's 3 simple steps & one of my signature experiential exercises.

Embodying Even More Confidence: Role Casting

Predominantly a big experiential exercise. A fantastic way to offer variety when there are many speakers at an event. This presentation helps to create more confidence, regardless of the role we are playing

Bio

Confidence Coach & Creator of the TLC Evolution™ .

Once a timid Sunday school teacher, then a Top-Performing Real Estate agent, now a Master Coach utilizing skillful communication to move people from Fearful to Fearless.

Still waiting for my big debut. I do not have recordings that are shareable from the events that I have spoken in.

Yet To Be Discovered by: YOUR ORGANIZATION!

You will not be disappointed.

Offerings and rates

1 hour workshop

*"Overcoming Overwhelm"
Exploring common stressors & developing skills to overcome*

\$ 125 - \$ 500

Keynote address

"Handcuffed to the Rules: The Key to Unlocking Your True Confidence".

\$ 250 - \$ 1000

Half day seminar

*The TLC Evolution™ (3 step system for Ridiculous Confidence)
Interactive-style with experiential exercises.*

\$ 500 - \$ 1000

Full day seminar

*Fearful to Fearless™ A Complete Mind Reprogramming System.
Interactive and engaging, creating Ridiculous Confidence*

\$ 1000 - \$ 2500