



Coleen Gose

*Professional Speaker,
Coach, Trainer, Author*

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I loved your presentation, energy and information on how to have healthy relationships.

-Gladys Monroy Boutwell,
Employee Benefits
Consultant



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Speaking Topics

Building Bridges not Barriers: 5 Strategies for Navigating Communication Conflict Resolution and Implicit Bias across Generations

Let's embark on a comprehensive journey, peeling back the layers of each generation to reveal their defining characteristics.

Success Through Teamwork: Managing and Motivating Multigenerational teams

Creating a positive work culture that encourages strong interpersonal connections can have a profound effect on organizational success and employee happiness.

The HEART Framework: Unleashing the Power of Healthy Teams

Successful teams are comprised of engaged employees who are able to work together for a common goal.

Bio

The currency of a prosperous life is the depth and quality of our connections

Coleen is a professional speaker, coach, trainer and author who focuses on building bridges in today's intergenerational workforce through effective communication, breaking down implicit bias, and cultivating teams that thrive on openness, accountability, and a culture of innovation. Coleen earned her BA in Law and Justice from Central Washington University and an MBA from the University of Phoenix. She is a Certified Professional Coach, Certified Trauma Informed Coach and Published Author. Outside of her passion for public speaking and coaching, Coleen loves reading and hiking with her dogs, Bugsy and Molly.

My Services

1 hour workshop

Keynote address

Half day seminar

Full day seminar