



Derrick Pickering

Certified Nurse Midwife and Nurse Practitioner at Sunrise Women's Health in Mapleton, UT, since March 2021.

Biography of “Derrick Pickering”

Nurse Practitioner

Derrick Pickering was born in Utah, where he faced significant health challenges during his childhood. These early experiences with illness and the healthcare system profoundly impacted him, planting the seeds of his future career in nursing. He was particularly inspired by the compassion and dedication of the nurses who cared for him. This inspiration led him to pursue higher education in the medical field. He excelled academically, earning his Bachelor of Science in Nursing from Brigham Young University-Idaho, where he graduated Magna Cum Laude. He furthered his education by obtaining a Master of Science as a Family Nurse Practitioner from Brigham Young University-Provo, graduating with a GPA of 3.9 in August 2014.

Professional Beginnings and Specialization

Initially, he worked in pediatrics, a field close to his heart due to his childhood experiences. His work in pediatrics lasted nearly five years, during which he developed a

strong foundation in caring for young patients. However, personal life challenges, including his family's struggles with infertility and pregnancy complications, steered his career toward women's health. This personal connection to reproductive health issues led him to specialize further, earning a post-graduate certificate as a Certified Nurse Midwife from Frontier Nursing University in May 2022.

Career Achievements and Current Role

He is dual board-certified as a Family Nurse Practitioner and a Certified Nurse Midwife, showcasing his extensive expertise across multiple healthcare domains. He has been instrumental in establishing and leading a clinic at Sunrise Women's Health in Mapleton, UT, since March 2021. At this clinic, he provides comprehensive healthcare services to women of all ages. His practice emphasizes an evidence-based approach, offering services ranging from primary care and hormone replacement therapy to gynecological services and midwifery. He is dedicated to listening to his patients' concerns, understanding their health goals, and engaging in shared decision-making to achieve those goals.

Contributions to Community and Education

Beyond his clinical duties, he is deeply committed to education and community service. He has shared his knowledge and insights by presenting at various medical conferences, including a notable presentation on "The Effectiveness of Psychopharmacotherapy" at the 2019 UVU Conference on Suicide Prevention. His commitment to sharing knowledge enhances his role as a healthcare provider and contributes to the broader medical community.

Personal Life and Advocacy

His personal life is marked by his 17-year marriage to Stephanie Pickering, with whom he shares three children, including one with special needs. The couple has also faced the heart-wrenching loss of twins who were born prematurely. These personal experiences have shaped his professional focus and deepened his empathy and understanding of his patients' journeys. He uses these personal insights to advocate for patient-centered care and support families facing similar challenges.

Hobbies and Interests

Outside of his professional responsibilities, he enjoys various activities that help him maintain a balanced life. He is an avid scuba diver, which allows him to explore new environments and enjoy the tranquility of underwater worlds. He also loves spending time outdoors, often camping and hiking with his family. These activities provide him with relaxation and rejuvenation and strengthen his connection with nature and his loved ones.

Derrick Pickering's life and career are a testament to his resilience, dedication, and commitment to enhancing the health and well-being of his patients. Through his professional achievements and personal endeavors, he continues to inspire and positively impact the community he serves.

Gallery





Derrick Pickering

Graduated Magna Cum Laude from
Brigham Young University-Idaho.

