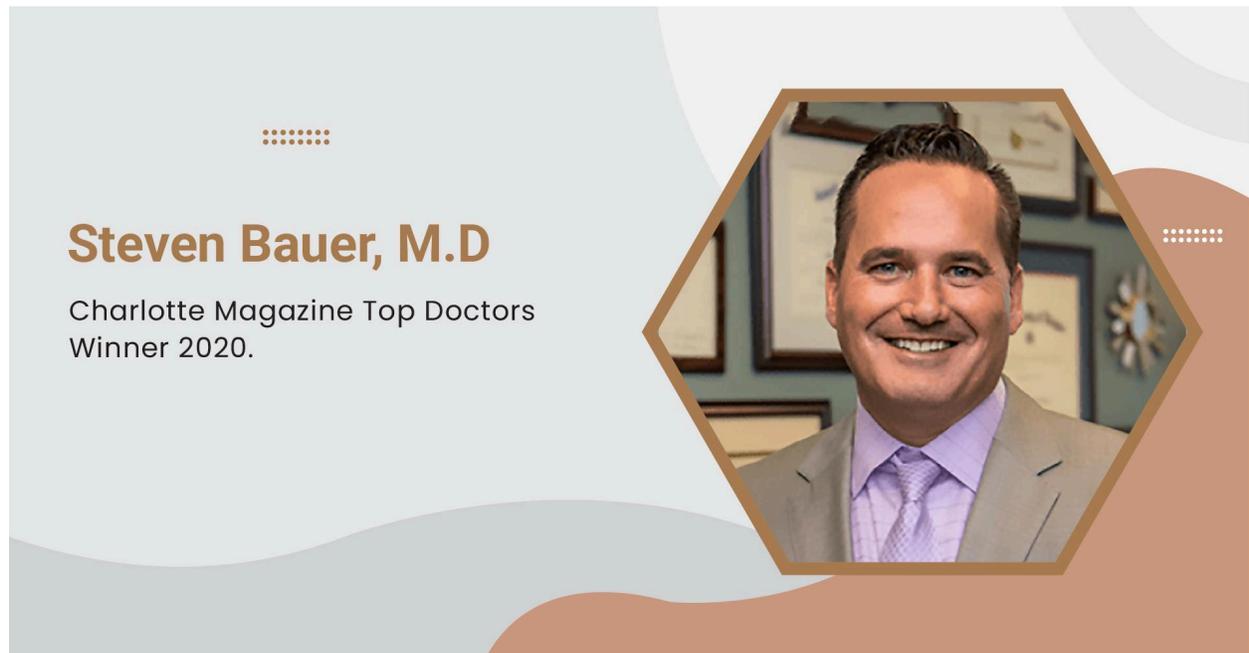


Biography of Steven Bauer, M.D.



Steven Bauer - Bio

Dr. Steven Bauer is a highly regarded family medicine doctor from Charlotte, North Carolina. The physician will soon mark two decades as an independent primary care provider, based since 2007, in the Tar Heel State. During the COVID-19 pandemic, Dr. Bauer and his team at Ballantyne Medical Associates became one of the first outpatient offices in the region to begin treating patients with REGEN-COV monoclonal antibodies.

Dr. Bauer later completed two vital FDA clinical trials in COVID-19 therapeutics and has conducted numerous other landmark FDA studies before and since. Elsewhere, he has extensive treatment success with female bioidentical hormone replacement therapy, male and female testosterone replacement therapy, outpatient opioid use disorder detoxification and treatment, and treatment of and preservation of the incredibly fragile and immensely important vascular endothelium.

Away from his work, Dr. Bauer has numerous hobbies and other interests. The family medicine doctor's longest-standing hobbies and interests include food, wine, and international travel. Elsewhere, Steven Bauer is a keen supporter of various all-important good causes and has volunteered extensively for numerous medical training programs over the course of his career, which began in 1999.

Current Role & Duties

Ballantyne Medical Associates

Physician and doctor of osteopathic medicine Dr. Steven Bauer is the founder and managing partner of Ballantyne Medical Associates in Charlotte, North Carolina. Ballantyne Medical Associates opened its doors in March 2007 and is a full-service, multidimensional primary care medical office.

The Charlotte, NC-based doctor's office also offers the added convenience of cutting-edge, expertly administered aesthetic laser services, bioidentical hormone replacement therapy, and nutritional guidance, among many other services. Ballantyne Medical Associates founder Dr. Steven Bauer personally dedicates himself to ensuring his patients' optimal health through a whole-person treatment approach.

The acclaimed North Carolina-based doctor and his team pride themselves on working closely with each patient to help them achieve their personal healthcare goals. The twenty-plus-strong Ballantyne Medical Associates team strives to educate every patient on their individual medical needs, answering all questions in straightforward, easy-to-understand language.

Academic Background

Dr. Steven Bauer studied pre-med at North Carolina State University and earned his medical degree from the New York Institute of Technology. North Carolina State University is a leading public research university in Raleigh, North Carolina.

Meanwhile, the New York Institute of Technology is a highly ranked and accredited not-for-profit university committed to inspiring innovation and educating future generations of professionals in technology and healthcare. The New York Institute of Technology is home to the New York College of Osteopathic Medicine.

Following graduation, Steven Bauer, M.D., completed his medical residency at Good Samaritan Hospital Medical Center in New York, where he was elected Chief Resident. He then practiced for 10 years in Long Island, where he conducted medical teaching rounds with medical students, interns, and residents. He also worked as a Department of Health HIV disease specialist in a hospital-operated county clinic while simultaneously maintaining a very prestigious and busy private medical practice.

He is currently up to date in anti-aging medicine with the Metabolic Medicine Institute at the American Academy of Anti-Aging Medicine. The institute trains and certifies physicians in the ever-advancing fields of anti-aging medicine and regenerative medicine.

Certifications & Associations

Dr. Steven Bauer maintains up-to-date and active GCP (Good Clinical Practice) certification through the Collaborative Institutional Training Initiative. He serves as a principal investigator for numerous well-known pharmaceutical companies where he conducts FDA-regulated Clinical Trials as a principal investigator. The physician is a passionate educator who has established clinical affiliations agreements with several educational institutions nationwide. These educational institutions include:

- Anderson University College of Health Professions
- Alabama College of Osteopathic Medicine
- Baylor University
- Carson-Newman University
- Chamberlain University
- East Carolina University
- Eastern Virginia Medical School
- George Washington University
- Meharry Medical College
- Philadelphia College of Osteopathic Medicine
- St. John Fisher University
- University of Colorado
- University of South Carolina
- Wingate University

Dr. Bauer is a member of the North Carolina Medical Society, American College of Osteopathic Family Physicians, and American Academy of Anti-Aging Medicine and a founding and current board member of Independent Physicians of the Carolinas. He is also the lead physician of the 10-13 Club of Charlotte, which serves hundreds of active and retired law enforcement officers.

Elsewhere, Steven Bauer, DO is certified by Aesthetic Consulting & Training to administer Botox cosmetic injections and Westford, Massachusetts-based medical treatments outfit Cynosure in the use of ICON, Pellefirm, Pelleve, PicoSure, and SculpSure laser systems.

He has also previously earned a Federal X- number with a DW-100 waiver from the United States Drug Enforcement Administration in the use of buprenorphine/naloxone to detox, treat, and monitor patients affected by the ongoing national prescription and illicit opioid epidemic.

Awards

Dr. Steven Bauer is a multi-award-winning physician who has earned numerous accolades from the Charlotte Observer and various other prestigious publications and award-granting organizations during his two-decade-plus career.

The Charlotte Observer was founded in 1886 and has one of the largest circulations of any newspaper in the Carolinas. Among the many awards collected by Dr. Bauer and Ballantyne Medical Associates, courtesy of the Charlotte Observer and elsewhere, are the following:

- Best Doctor 2023 - First Place - Gold Award
- Best Medical Practice 2023 - First Place - Gold Award
- Best Primary Care Practice 2023 - Third Place - Bronze Award
- Charlotte Magazine Top Doctors Winner 2017
- Charlotte Magazine Top Doctors Winner 2018
- Charlotte Magazine Top Doctors Winner 2020

- ThreeBestRated.com Top-3 Award - Metro Area - Charlotte, NC

Charlotte Magazine releases an annual list of the top doctors in the city as voted on through a peer survey conducted by the leading research and medical information resource, Castle Connolly. ThreeBestRated.com, meanwhile, established in 2014, serves to identify the top local doctors, healthcare providers, and other professionals handpicked by experts in key cities nationwide, including Charlotte, North Carolina.

Concierge Medicine Today also named Dr. Bauer and Ballantyne Medical Associates among its biennial Top Doctors in Concierge Medicine in 2020-2021. Concierge Medicine Today is the industry's leading independently owned and operated healthcare publication for physicians working in private practice.

Personal Life & Interests

Steven Robert Bauer was born in Sleepy Hollow, New York. After completing his university studies, Dr. Bauer remained in New York, where he worked for almost a decade before relocating to North Carolina. While working in his native New York, he was closely involved with the Suffolk County Department of Health Services as an HIV specialist during the height of the epidemic. He treated patients and taught medical students, interns, and residents in both the outpatient clinical setting and the inpatient hospital setting, where he conducted medical rounds.

Dr. Steven Bauer is a regular volunteer and a lifelong supporter of various all-important charities, nonprofit organizations, and other good causes. Dr. Bauer has volunteered extensively to provide vital free medical teaching to trainee medical students, physician's assistant students, and nurse practitioner students in many different settings, including his private offices, County clinics, and teaching hospitals.

He resides in Mecklenburg County, North Carolina, with his wife, Barbara, an RN, their two children, and two Great Dane dogs. The couple enjoys food, wine, travel, mountains, and oceans, and spending time with their close friends and family.