



# Robert Parrinelli

## Attorney

Robert T. Parrinelli III, Esq., widely known as Robert Parrinelli, is a New York trial attorney and the managing partner of Appell & Parrinelli. For more than two decades, he has dedicated his work to personal injury, construction accidents, medical malpractice, and wrongful death litigation. Over this time, he has represented thousands of clients and secured numerous multi-million-dollar settlements through steady, consistent advocacy. His career reflects a long-term commitment to helping individuals and families facing serious challenges after unexpected injury or loss.

## Early Life and Education

Robert Parrinelli was raised in the greater New York metropolitan area, where his interest in becoming a trial attorney began to take shape early in life. He attended Hofstra University and completed his Bachelor of Business Administration (BBA) in Business Management in 2000. During his time at Hofstra, he was a dedicated member of the Men's Division I Lacrosse Team. His leadership on the field earned him the team captaincy in his senior year. In that same year, he was selected to compete in the U.S.I.L.A. North-South All-Star Game, an opportunity extended only to top collegiate lacrosse players nationwide.

After earning his undergraduate degree, he continued his academic path at Hofstra University School of Law. He dedicated himself to completing his Juris Doctor, which he earned in 2003. This period helped solidify his interest in litigation and prepared him for the professional responsibilities that would follow.

## **Entering the Legal Profession**

After being admitted to the New York State Bar in 2004, he began his legal career in New York City as a trial associate. During this early stage, he worked under the guidance of John J. Appell, Esq., an introduction that played an essential role in shaping his experience in trial litigation. Working closely with a seasoned mentor provided a practical understanding of courtroom practice, client service, and case preparation.

As the years progressed, the professional relationship between him and his mentor grew stronger. Their work together eventually led to the formation of Appell & Parrinelli. With the firm's establishment, he became both a named partner and the managing partner, marking a significant step in his career.

## **Founding Appell & Parrinelli**

In his role as managing partner of Appell & Parrinelli, headquartered in New York, Robert oversees a practice focused on advocating for clients affected by serious accidents and losses. The firm handles a broad range of matters, including motor vehicle accidents, construction and worksite injuries, premises liability incidents, product defects, wrongful death cases, commercial property and casualty disputes, and medical malpractice matters.

His approach to managing cases is rooted in careful selection and personal involvement. He takes on cases selectively to ensure each client receives thorough, meaningful attention. By doing this, he provides the time and resources necessary to guide each case toward its best possible resolution.

## **Notable Case Results and Legal Achievements**

Throughout its history, Appell & Parrinelli has represented thousands of clients and secured millions of dollars in verdicts, settlements, and arbitration awards. Among the firm's notable outcomes is a \$6.5 million recovery on behalf of a child who suffered severe facial injuries due to a defective radiator in a premises accident.

His work also extends into product liability and commercial litigation. In one such matter, the firm obtained a \$6.3 million verdict for a defective food product that caused contamination and significant business losses.

The firm has achieved meaningful results in construction accident cases as well, including a \$3.3 million recovery in one matter and a \$3.1 million recovery in another. In the field of medical malpractice, the firm secured \$2.7 million in a case involving a failure to diagnose a cardiac arrest condition properly. Additional significant results include a \$3.1 million settlement in a premises accident and a \$2.3 million settlement in a motor vehicle accident.

## **Areas of Practice**

Over the past 20 years, his work has touched nearly every aspect of personal injury and civil trial law. His practice includes motor vehicle accident cases involving trucks, buses, and cars; construction site injuries related to scaffolds, ladders, trenches, and other worksite hazards; and premises liability matters involving unsafe property conditions, snow and ice incidents, and structural failures.

His background also includes representing clients in medical malpractice matters involving surgical errors, misdiagnoses, birth injuries, and nursing home negligence. In addition, his experience includes products liability, commercial property disputes, toxic exposure, lead poisoning, labor discrimination, sexual harassment, and defamation.

## **Professional Memberships and Admissions**

Robert T. Parrinelli III, Esq. is admitted to practice in all New York State Courts, the United States District Courts for the Southern and Eastern Districts of New York, and the United States Court of Appeals for the Second Circuit. He is also an active member of the New York State Trial Lawyers Association and the New York State Academy of Trial Lawyers.

## **Mentorship and Leadership**

Mentorship is a consistent part of his professional life. He offers guidance to newer attorneys entering the field, emphasizing ethical practice, client respect, and professional discipline. His leadership is also evident in his community, where he volunteers for youth sports. As a lifelong athlete, he continues to coach youth lacrosse and other sports, and he serves on the Board of Directors for his local Youth Lacrosse Program.

## **Running, Philanthropy, and Community Engagement**

Outside his legal work, he is a runner and an active supporter of charitable causes. He recently completed the New York City Marathon in support of the Travis Roy Foundation, which assists individuals living with spinal cord injuries. His philanthropy also includes contributions to Hofstra University and to various local schools and community initiatives.

## **Personal Life and Character**

Robert Parrinelli's professional achievements are closely tied to his character and personal values. As a father of four, he balances the responsibilities of his legal practice with a commitment to family life. Running and fitness remain an essential part of his routine, reflecting the determination and consistency that have guided him throughout his career.