

# Biography of Nicholas Mukhtar



Nicholas Mukhtar is a leader with experience in public health, business, and consulting. He started his career in Detroit, where he founded a health organization called Healthy Detroit. Over the years, he has worked with political leaders, businesses, and family offices, offering advice and managing operations. Today, he works with clients across the country on business operations, strategy, and management consulting.

## Early Life and Education

Nicholas Mukhtar was raised in Detroit, Michigan. He began his higher education at the University of Dayton as a Chaminade Scholar and completed his Bachelor's degree from Wayne State University in Detroit in 2013. His interest in public health and policy led him to Johns Hopkins University in Baltimore, where he graduated in 2017 with dual Master's degrees in Public Policy and Public health.

## Founding Healthy Detroit



In 2012, while still a student, Nicholas identified a gap in Detroit's public health resources. To address this, he founded Healthy Detroit, a nonprofit organization aiming to improve community health through innovative programs and services. Under his leadership, Healthy Detroit raised over \$100 million, allowing the organization to build sustainable and impactful programs. Nicholas played a big role in developing partnerships and securing resources, resulting in an annual operating budget of \$15 million by 2017.

## Transition to Consulting and Public Policy

After successfully leading Healthy Detroit, Nicholas decided to broaden his impact by entering the field of public policy consulting. He founded a small consulting practicing 2017 called Healthy Communities, based in Washington, D.C. At Healthy Communities, Nicholas worked closely with political leaders and government agencies. His public health and policy expertise allowed him to advise high-profile clients, including Speaker Paul Ryan, the White House's Office of American Innovation, and Senators Rand Paul and Tim Scott.

Nicholas's consulting work focused on creating solutions to public health challenges while addressing broader policy issues. He used his experience from Healthy Detroit to guide policymakers in developing strategies that improved communities across the country.



## Founding Tera Strategies

Along with his work at Healthy Detroit and Healthy Communities, Nicholas founded Tera Strategies, a management consulting practice based in Fort Lauderdale, Florida. At Tera Strategies, Nicholas works with a variety of clients, including business owners, family offices, and corporations.

Nicholas uses his experience in operations, strategy, and management to help his clients succeed. His consulting work focuses on creating efficient systems, solving business challenges, and helping organizations achieve their goals. His clients include several family offices, two large wealth management practices, and a handful of successful business owners.

## Professional Skills and Strengths

Nicholas is known for his ability to lead teams, solve problems, and create effective strategies. His experience spans multiple industries, including public health, public policy, and wealth management.

In addition to his professional skills, Nicholas is multilingual. He speaks English fluently, has conversational proficiency in Arabic, and is actively learning Spanish. His ability to communicate across cultures has been an asset in his consulting work.

## Proud Moments and Career Wins



Nicholas Mukhtar has achieved remarkable milestones in his career, receiving recognition for his leadership and contributions to public health. In 2014, his organization was one of only three in the nation featured in the Surgeon General's Report to the President and Congress.

In 2015, he was honored as the Playmakers Changemaker of the Year, recognizing his efforts in driving meaningful change in his community. Two years later, in 2017, the American Public Health Association (APHA) named his organization the National Public Health Organization of

the Year. Nicholas is also a Bloomberg Fellow at Johns Hopkins University, a distinction reflecting his expertise in advancing public health through education and action.

## Making an Impact

Nicholas Mukhtar has devoted much of his life to philanthropy and community service. Beyond being the founder of Healthy Detroit, Nicholas has served on multiple boards, contributing his time to various causes. He has been a board member of the Men's Health Foundation, Trinity Health System — Livonia, and the Michigan Parks & Recreation Association. Additionally, he was appointed by Detroit Mayor Mike Duggan as the Chair of the Detroit Parks & Recreation Commission.

Nicholas has also served on the External Advisory Board at Wayne State University's School of Medicine and the Steering Committee of the Michigan Community Health Worker Alliance.

## Personal Life



Nicholas Mukhtar lives in Fort Lauderdale, Florida, with his fiancée, Alexandra, affectionately known as Lexi. The couple is preparing for their wedding in April, and together, they participate in charitable causes, aligning their values with their professional endeavors.

# Discover more on Nicholas Mukhtar's CV



## NICHOLAS MUKHTAR

Chief of Staff/ Management Consultant

(313) 518-2787

[www.nicholasmukhtar.com](http://www.nicholasmukhtar.com)  
[www.terastrategies.com](http://www.terastrategies.com)

[nick@terastrategies.com](mailto:nick@terastrategies.com)

1111 E Sunrise Blvd., Unit 616  
Fort Lauderdale, FL 33304

### ABOUT ME

Experienced, organized, driven, and motivated team player ready to help my next team win. I have a wealth of experience in operations, strategy, project management, and marketing/ PR and I would like to utilize my experience to help a company succeed long term.

### EDUCATION

**Masters in Public Policy/ Public Health**  
Johns Hopkins University (Baltimore, MD)  
2014 - 2017

**Bachelor of Arts in Biological Sciences**  
Wayne State University (Detroit, MI)  
2009 - 2013

### SKILLS

Management Skills	██████████
Organization	██████████
Leadership	██████████
Strategy	██████████
Critical Thinking	██████████
Operations	██████████

### LANGUAGE

- English
- Arabic (conversational)
- Spanish (actively learning)

### EXPERIENCE

#### Chief of Staff/ Managing Director 2019 - Present

Fratarcangeli Wealth/ Fratarcangeli Family Office

- I serve as the Chief of Staff for a large \$3.5 billion dollar wealth management practice, as well as oversee the Family Office of the Managing Principal. I work as the right hand of the Managing Principal and the main liaison between him and the 30-person team. In this fast paced environment, I oversee the business operations of the wealth management practice, as well as oversee all real estate, business interests, finances, and investments of the family office.

#### Managing Principal 2019 - Present

Tera Strategies | Fort Lauderdale, FL

- After several years in public health and public policy, I decided to shift my focus towards the private sector. I started a small consulting practice to work with business owners, family offices, corporations, and others on general business and management consulting.

#### Managing Principal 2017- 2019

Healthy Communities | Washington, D.C.

- Using Healthy Detroit as a model, I began a small consulting practice and began consulting political leaders and government entities on general public policy, with an emphasis on public health. Clients included Speaker Paul Ryan, the White House's Office of American Innovation, Senators Rand Paul and Tim Scott, and others.

#### Founder & CEO 2012- 2017

Healthy Detroit | Detroit, MI

- As an undergrad in Detroit who saw a significant need in my city, I started my own 501(c)(3) public health organization. I helped raise over \$100 million dollars for community health programs and developments in Detroit, and ultimately built the organization into a national model that had an annual budget of \$15 million/ year. The organization was named the 2017 American Public Health Organization's Public Health Organization of the Year.

### REFERENCES

#### David Hoppe

Former Chief of Staff  
Office of Speaker of the House

**Phone:** 954-264-6960

**Email:** [hopstrat@reagan.com](mailto:hopstrat@reagan.com)

#### Jeffrey Fratarcangeli

Founder/ Managing Principal  
Fratarcangeli Wealth Management

**Phone:** 248-933-8610

**Email:** [jf48009@gmail.com](mailto:jf48009@gmail.com)