



Elisa Cuellar Alvarado

Board Certified Internal Medicine Doctor

Dr. Elisa C. Alvarado is a Board-certified Internal Medicine physician specializing in Primary care for multiple acute and chronic conditions, including but not limited to treating diabetes, thyroid disorders, vestibular problems, and hypertension. She also provides weight management, arthritis treatments, PRP injections for the knee and shoulder, PRP hair regrowth treatment, and Botox injections. Her love for medicine and aesthetics involves not only treating her patients but also understanding and assessing their needs.

Dr. Alvarado has been in private practice since 2008 and has hospital admitting privileges at Huntington Memorial Hospital, Pasadena, California. Since 2022, she's

also been the Medical Director at Caring Partners Hospice in Glendale. Caring Partners is a leader in end-of-life care.

She holds a California medical license, a DEA license, and is certified by the American Board of Internal Medicine (ABIM).

Concierge Medicine

As the Founder and practitioner at ECA M.D. Inc., Dr. Alvarado offers patients the value/rewards of the white glove service provided at her Concierge Practice. A compassionate, patient-centered focus and approach to treatment aimed at delivering the feeling that everyone has felt HEARD, HELPED, and HUGGED (Cared For). ECA Concierge members receive not only the benefit of comprehensive primary care, joint and arthritis care, IV therapy, and aesthetic services but also access to:

- Executive physical exams, including preventive health screenings, at no additional cost (and without the need to schedule additional appointments)
- Wellness plans that are personalized to maximize each patient's unique health and longevity
- Direct coordination between physician and physician-hospital care (at Huntington Hospital)
- No charges for same-day cancellations or missed appointments
- Exclusive discounts on a variety of wellness and aesthetic treatments
- And much more

More information on Dr. Alvarado's comprehensive Concierge membership and services can be found [here](#).

Educated at Texas A&M International and the University of Texas Medical Branch

Born and raised in Texas, Elisa Cuellar Alvarado graduated from Texas A&M International University (TAMIU), Laredo, in 2001 Summa Cum Laude with a bachelor's in biology and a minor in chemistry. She also made the university's dean list each year from 1997 to 2001.

Her academic achievements garnered Dr. Alvarado a Pre-Medicine Scholarship from 1998-2001, an Undergraduate National Hispanic Scholarship Fund from 1997-2001, and a Texas A&M University Academic Scholarship in 1997.

She completed her medical degree at the University of Texas Medical Branch in Galveston, Texas, in 2005.

After she married, Dr. Alvarado moved to Pasadena to complete her Internal Medicine residency.

Dr. Alvarado's Professional Training

Dr. Alvarado's professional training included her residency in Internal Medicine at Huntington Memorial Hospital, Pasadena, from 2005 to 2009. Upon completing her residency, Elisa C. Alvarado, M.D., was asked to join the faculty at Huntington Memorial as a Co-Chief Medical Resident of the Internal Medicine program. She has been in private practice since 2008.

Awarded for Her Research

At the University of Texas Medical Branch (UTMB) Summer Research Symposium, Dr. Alvarado was awarded "Best Family Medicine Research Poster" for her work on "The Effects of Physical and Chemical Intervention on the Entomological Indices of

Chagas' Disease." She conducted research in this area in 2002 and 2003 in Veracruz, Mexico.

Each year, residents and fellows at the UTMB are invited to present posters and/or oral presentations on clinical research, evidence-based reviews, quality improvement projects, case reports, community projects, educational/ curriculum development, or medical ethics/ history/humanities.

Dr. Elisa Cuellar Alvarado's other research included a presentation in 2008 on the "Abnormal Papanicolaou Smears Among Hispanic Women in the Dispensary Clinic as a Marker for STD" at Huntington Memorial Hospital.

Dr. Alvarado's Activities

Over the years, Elisa C. Alvarado, M.D., has been quite active in the medical and academic community. She's been a member of the American College of Physicians since 2005.

In 2008, she participated in the Association of Program Directors in Internal Medicine (APDIM) Chief Residents Meeting at Huntington Memorial Hospital Residency. She also was a member and vice president of the United Latin American Medical Student Organization for two years at the University of Texas Medical Branch, where she provided a voice for underrepresented medical students, helped educate medical students on Latino health issues, and advocated for the rights of Latinos in healthcare.

From 2002 to 2003, Dr. Alvarado tutored Spanish to medical students and members as part of the Que Quiere Decir Spanish Club. She also volunteered for two years at St. Vincent's House Indigent Clinic – a free community clinic run by medical students.

At Texas A&M International University, she was a member of the American Medical Student Association for four years, a national organization committed to representing the concerns of physicians-in-training. She was also a member of the TAMIU Biology Club, where she learned about new developments in biological sciences and participated in community projects; the TAMIU Chemistry Club, which spearheaded chemical education initiatives and community projects; and the TAMIU Student Ambassadors for four years, assisting with the recruitment of university students. Dr. Alvarado was also a member of the Health Occupations Students of America, a leadership development program promoting career opportunities in the healthcare industry.

Elisa Cuellar Alvarado also let loose at TAMIU as the founding member of the Twisters Dance Team.

Always aware of her role in society, Dr. Elisa Cuellar Alvarado continues to give back to the community. With her time and donations, she has contributed to numerous charities and nonprofits, including the Andrés Y María Cárdenas Family Foundation, the Crestview Preparatory School Annual Fund, the Michael J. Fox Foundation, Nosotros Foundation, and Pasadena Humane.

On the Personal Side

Dr. Alvarado enjoys spending time with her son and husband. She also enjoys exploring other facets of life, including the relaxation that creativity and her hobbies bring. She loves to paint, sketch, and do arts and crafts, a great outlet for self-expression and unwinding after a busy day. In her spare time, you'll also find Elisa Cuellar Alvarado traveling, cooking, and party planning.