

Biography of Dr. Edward R. McInnis



Dr. Edward R. McInnis, Lt. (N), MD, CCFP, is a well-rounded medical professional with a dual specialization in family and emergency medicine. His professional journey encompasses 16 years as a family physician and 10 years in emergency and trauma medicine. Beyond his medical duties, he is also a committed family man, a dedicated athlete, a lieutenant (N) in the Canadian Armed Forces, a Navy reservist, and an avid volunteer.

The Early Years

Born in Charlottetown, Prince Edward Island, Canada, Dr. McInnis is the eldest of four siblings and has always had a keen interest in sports. His early years were filled with playing hockey, baseball, tennis, and golf, and he reached competitive levels in hockey and baseball. Notably, he played Junior-a hockey and even caught the attention of the Boston Red Sox as a potential pitcher. As he matured, his athletic pursuits expanded to include weightlifting.

From a young age, he exhibited a robust work ethic, starting with a paper route at the tender age of ten and his first full-time employment at McDonald's when he was just 13.

Education, Professional Licensure and Certifications

Dr. McInnis's educational background is extensive and distinguished. He achieved his BBA in 1992 from Mount Saint Vincent University in Halifax, Nova Scotia, and took a brief period to travel across the United States. He earned a BSc (Honors) in Biochemistry and Genetics from Dalhousie University in 1997 and followed it up with a Certification in Epidemiology from the same institution. He entered Dalhousie Medical School in 2000 and graduated with his Doctor of Medicine in 2004. His postgraduate training in Emergency and Family Medicine was completed at McMaster University in Hamilton, Ontario.

His professional credentials include:

- Licensure from the Medical Council of Canada (MCC).
- A Commissioned Rank as Sub-Lieutenant in the Royal Canadian Navy.
- Certification from the Canadian College of Family Physicians (CCFP).
- A promotion to Lieutenant (N) in the Royal Canadian Navy.

Honors and Awards

Throughout his career, Dr. McInnis has been acknowledged with numerous accolades, such as the Prince Edward Island Top Medical Student Scholarship, the Burke Certificate for Promise in Family Medicine, a Special Citation for Meritorious Service in the Canadian Armed Forces, and an Honorable Discharge from active service.

Academic Experience

In academia, Dr. McInnis has held positions such as Associate Professor in the Department of Biological Laboratory Studies at Dalhousie University, Senior Post Graduate Clinical Instructor at McMaster University, and Senior Professor and Evaluator at the Canadian Forces School of Physician Assistants in CFB Borden, Ontario.

Serving His Country

Dr. McInnis served as a medical officer in the Canadian Armed Forces for nine years and continues as a Class B reservist. His military service includes roles such as medical officer for deployed soldiers, member of the Disaster Assistance Response Team (D.A.R.T.), consultant in bio-terrorism medicine, and clinical instructor for the Physician Assistant Program.

Clinical Experience and Medical Practice

He worked as an emergency physician at McMaster University Hospital and later as director of care at the Wasaga/Angus Community Health Center – Family Practice. In 2010, he joined the Medical Division of the Canadian Armed Forces as a Class B reservist.

Volunteer Work

Volunteering has been a significant aspect of his life. During medical school, he served at the Barrington Street Shelter in Halifax and continued supporting homeless shelters in Hamilton and Toronto. He has been actively involved in aiding individuals transitioning out of the sex trade and has tutored children in group homes.

A Family Man, A Man of Faith

Dr. McInnis is a father to three daughters and one son. He is deeply involved in their lives and extracurricular activities, including coaching minor hockey and volunteering with figure skating and dance programs. He is a devout Christian, regularly attending Maplevue Christian Church with his family.

Dr. Edward R. McInnis embodies a profound commitment to his professional duties, his family, and his community. He continually strives to make a positive impact in every area of his life.