



ANGELA R. LEWIS

Leadership. Teamwork. Communication.

Angela Lewis is a former professional basketball player, author, and Head of Operations SpeakerHUB. With a background deeply rooted in sports, Angela brings unique insights from her experience as a high-level athlete and championship-winning coach to her work in leadership and team collaboration.

She leverages her extensive background to empower individuals and organizations, drawing on lessons from the court to foster teamwork, resilience, and effective communication.

Angela's life was profoundly transformed when she made the bold decision to sell all of her possessions and move to Medellín, Colombia, where she lived for nearly three years. This experience taught her the power of letting go in order to reach your goals, a principle she now shares with leaders and teams navigating transitions and striving for success.

Her time in Colombia deepened her appreciation for diverse perspectives, adaptability, and cultural understanding, all of which inform her approach to leadership, collaboration, and personal growth.

Through her work, Angela has led teams to operate more efficiently, crafting customized strategies that help clients achieve impactful and elevate their voices. As the Head of Operations of SpeakerHUB, she supports speakers from around the world, helping them elevate their presence, connect with audiences, and maximize speaking opportunities.

Angela has authored several books, including *The Game Changing Assist* and *Post Moves: The Female Athlete's Guide to Dominate Life After College*, which use sports as a powerful metaphor for life's challenges and successes. Her publications serve as resources for young professionals, especially female athletes, navigating personal and career transitions with confidence.

Angela's mission is to equip leaders and teams with the skills they need to thrive, providing practical frameworks for building relationships, navigating transitions, and achieving long-term success.

POSSIBLE TOPICS

- Why it is critical to create a championship mindset
- How to transfer skills from sports to business
- How letting go creates space to thrive
- Why everyone needs to use their voice to create change
- LEWIS Growth Loop Framework
- What successful team do differently
- Why leading yourself is more important than leading others

PREVIOUS INTERVIEWS

- [Outstanding Women Leaders Podcast](#)
- [Rise Urban Nation Podcast](#)
- [She Confidential Podcast](#)
- [Conversations in the Nic of Time](#)

CONNECT WITH ANGELA



[Angela R. Lewis](#)
