



angelarlewis.com

Angela Lewis

AUTHOR, SPEAKER &
CONSULTANT

MEDIA KIT



Hi, I'm Angela!



I am Angela R. Lewis, a former professional basketball player, author, and Head of Operations at SpeakerHUB. With a background deeply rooted in sports, I bring unique insights from my experience as a high-level athlete and championship-winning coach to my work in leadership and team collaboration.

I leverage my extensive background to empower individuals and organizations, drawing on lessons from the court to foster teamwork, resilience, and effective communication.

My life was profoundly transformed when I made the bold decision to sell all my possessions and move to Medellín, Colombia, where I lived for nearly three years. This experience taught me the power of letting go to reach my goals—a principle I now share with leaders and teams navigating transitions and striving for success. My time in Colombia deepened my appreciation for diverse perspectives, adaptability, and cultural understanding, which all inform my approach to leadership, collaboration, and personal growth.

My mission is to equip leaders and teams with the skills they need to thrive by providing practical frameworks for building relationships, navigating transitions, and achieving long-term success.

Highlights

- Authored several books which use sports as powerful metaphors for life's challenges and successes.
- Honored with the prestigious Robin Roberts Sports Communication Award for outstanding contributions to sports communication.
- Hosted basketball programs globally to empower youth to learn discipline and hard work
- Amplify the voices of leaders around the world through my work with SpeakerHUB



SPEAKING TOPICS

Below are sample presentation topics. More topics are available leadership, sports, communication etc.



- ✓ **Why Leading Yourself is More Important Than Leading Others** - Great leadership begins within. The session emphasizes the importance of aligning personal values with actions, developing resilience through challenges, and mastering self-awareness to build authentic influence.
- ✓ **Let Go to Create Flow** - Explores the transformative power of releasing what no longer serves you to make space for growth and success. Drawing from my experience of selling everything and moving to Medellín, Colombia, I share how embracing change and letting go can lead to clarity, alignment, and new opportunities.
- ✓ **How to Transfer Skills from Sports to Business and Life** - This presentation highlights the invaluable lessons learned on the court and how they seamlessly translate into professional and personal success. From teamwork and discipline to resilience and leadership, this talk explores how athletes can leverage their unique skill set to excel in business, navigate challenges, and thrive in life beyond sports.

Speaking Engagements

PARTIAL LIST

I provide a wide range of speaking services, including keynotes, panel discussions, emceeing, and event hosting. Whether in person or virtual, I bring enthusiasm, expertise, and connection to ensure your event is impactful and memorable. Let's work together to create an exceptional experience for your audience!

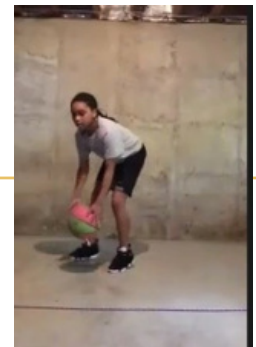
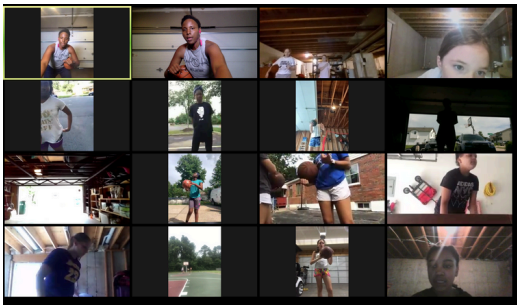
- Florida State University
- National Youth Summit on Economics, Education and Justice
- Show me Costa Rica Project Fundraiser - Emcee
- Show Me The World Project 10 year anniversary fundraiser - Emcee
- St. Louis University Sankofa Graduation
- St. Louis Business Journal Women's Conference
- Blaxit - Living Abroad Summit (Virtual)
- Skippy Kiefer Awards Ceremony
- Breakout Session - For the Love of the Game Youth Sports Summit (virtual)
- Breakout Session - British Colombia Softball Coaches Summit (virtual)
- Women's Athlete Business Network - IWF - Summit - Toronto
- Moberly WBB (virtual)
- Tennessee State University WBB team (Nashville)
- Kaskaskia CC WBB (virtual)
- John Wood CC WBB (Virtual)
- St. Louis Public Schools Geography and basketball
- Rockwood School District Awards Ceremony
- Rockwood School District Career Fair
- Hosted Change the Game Series
- Nike Elite 100 Camp
- A Ball and a Chance Series
- McKinley and Northwest High Schools
- Riverview High school
- MAEOPP Conference
- Griffith Elementary School
- Get in the Game Luncheon - St. Louis University Athletics
- National Association of Women's Judges Girls Summit
- Sister Keeper Summit
- Hazelwood West High School
- Family Focus Breakout Session

BASKETBALL BACKGROUND



Marquette University
Southeast MO State University
Webster University
St. Louis Surge
Metro High School
Holt Tribe

BASKETBALL PROGRAMS

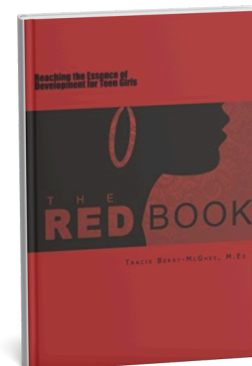
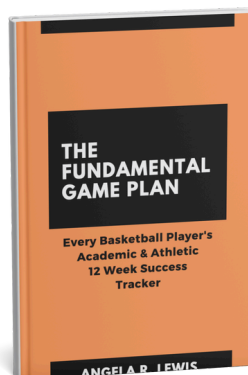
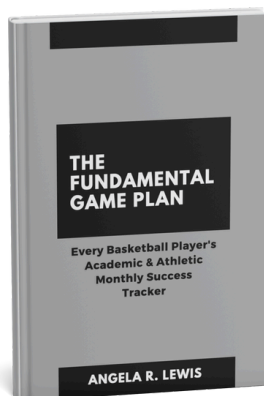
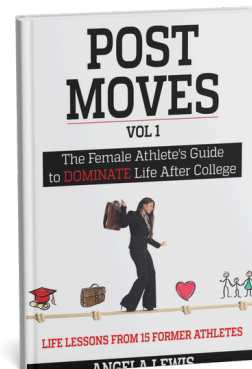
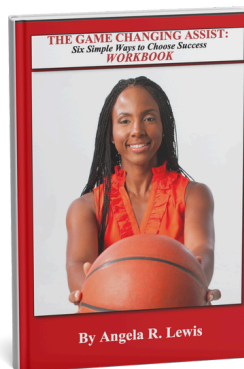
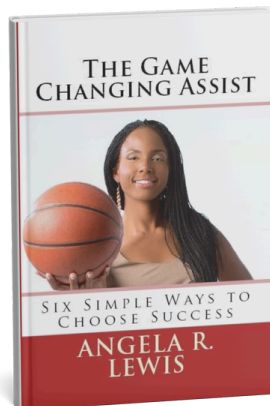


Publications

BOOKS AND WORKBOOKS

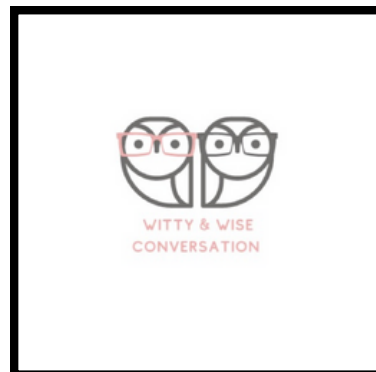
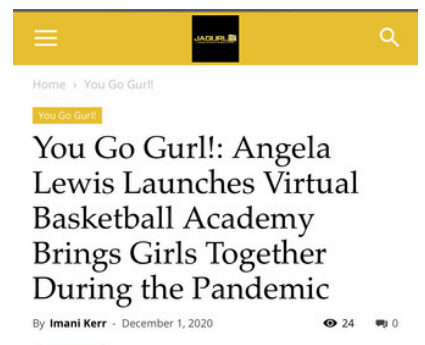
I've had the privilege of authoring multiple books that focus on leadership, personal growth, and navigating life transitions. Each book is designed to inspire and equip readers with practical tools to achieve their goals and overcome challenges.

From using sports as a metaphor for life's journey to offering actionable advice for career and personal development, my works are a resource for leaders, athletes, and professionals seeking growth.



The Media

SAMPLE ARTICLES & INTERVIEWS



WHO I WORK WITH

I work with leaders, executives, and athletes who are committed to personal growth and team success. Whether you're striving to enhance your leadership skills, improve communication, or build cohesive teams, I provide the tools and strategies to help you reach your goals.

WHAT YOU CAN EXPECT

When we work together, you can expect tailored strategies designed to meet your unique goals and challenges. I provide actionable insights, engaging training sessions, and practical frameworks that inspire growth and drive results.

My approach combines real-world experience with proven methodologies to help you strengthen leadership, enhance communication, and foster collaboration.

Whether through workshops, consulting, or speaking engagements, you'll walk away with the tools to confidently lead, connect, and thrive.



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GET IN TOUCH

Whether you have questions, want to learn more about my services, or are ready to work together, feel free to reach out.

Let's connect and start creating impact!

Angela