

Andrea Mason

Alumna of Les Brown

CEO of Press PLAY Plan Life According to You LLC Your Personal Accountability Coach and Solutions Specialist Strategist



BIO

Andrea Mason is Your First Choice Your Press PLAY Plan Life According to You LLC, my mission is to Global Voice, Alumna of Les Brown and Certified Global Motivational Speaker and Coach. As your personal accountability coach and solutions specialist strategist, I help individual choose the path less traveled to achieve personal freedom, through the healing power of forgiveness and lead them to go from Victim to Victorious, to live an authentic life.

LOCATION

Greater Northeastern
Metropolitan Area USA

INDUSTRY

Mental Health
Social Work and Psychology
Wellness and Nutrition

MESSAGE:

“Follow Your Heart
Not the Herd Nor the Hurt”

LINKS:

inktr.ee/andreamasonpressplay

MISSION:

empower individuals to transition from Victim to Victorious by achieving personal freedom through mental health wellness. Led by Andrea Mason, a Certified Global Motivational Speaker, Alumna of Les Brown, Personal Accountability Coach, and Solutions Specialist Strategist, she is dedicated to guiding you on a transformative journey. With over two decades of experience and degrees in social work and psychology, Andrea leverages her expertise to inspire and walk beside you every step of the way, and support you in creating a life of purpose, resilience, and fulfillment. Together, embrace the power of forgiveness, foster mental well-being, and unlock your true potential to live life according to you.

VISION:

My vision aims to empower individuals craft their lives on their own terms. My vision is centered around helping people achieve personal freedom through the healing power of forgiveness. I encourage people to “Press PLAY,” on their unique life journeys, transforming their lives by planning according to their personal values and aspirations.

TARGET MARKET:

18 - 44 age range, individuals who are ready to change in the areas of mental health, self-improvement, empowerment, and overcoming adversity, personal development. Professionals seeking personal development, Corporate Leaders and HR Professionals, Entrepreneurs and Small Business Owners, Mental Health and Wellness Advocates, Event Planners and Organizers, authors and Content Creators.

LEGACY:

Be the face of change in mental health, to help individual find the courage and empower themselves, that anything they've gone through, gives them the certification to help others achieve and overcome it too. To live in a world, where we “Rise and Unite Not Conquer Nor Divide!”