



## Dr. Eboni January, MD, FACOG

Board-Certified OB/GYN | Author | Health & Educational Coach

### About Dr. Eboni January

Dr. Eboni January is a board-certified OB/GYN passionate about improving health disparities, women's health, preventative medicine, and youth success. She is also a corporate trainer, a principal investigator for clinical trials, and a dedicated community advocate. Dr. January is the author of *Educational Athlete: Why Every Successful Student Needs a Coach* and the founder of the Boss-ish Lifestyle and Doctor EJ brands.



**When “I” is replaced with  
“WE,” even ILLNESS becomes  
“WELLNESS.”**

### Key Accomplishments

- Lifetime Achievement Award from President Obama
- Led a national childhood obesity campaign with Jackie Joyner-Kersey
- Over 10 years of experience in youth coaching, contributing more than \$50,000 in scholarships
- Licensed in 14 states
- Spoken at over 30 schools and 20 corporations

### Speaking Topics:

- **Improving Health Disparities:** Strategies for addressing and reducing health inequalities in underserved communities.
- **Women's Health and Preventative Medicine:** Essential tips for maintaining health and preventing disease.
- **Mindset Transformation for Weight Loss and Fitness:** How to change your mindset to achieve lasting health and fitness results.
- **Youth Success Coaching:** Empowering students and young adults to overcome adversity and achieve academic and professional success.
- **Culturally Competent Care:** Delivering healthcare that respects and responds to the cultural needs of patients.
- **Maternal Health:** Ensuring a healthy pregnancy, labor, and postpartum recovery.
- **168 Hours – Every Hour Counts:** Practical time management tools to help women balance personal and professional life for optimal health.

Email: [doctorej@doctorej.com](mailto:doctorej@doctorej.com)

Address: PO Box 410312, St. Louis, MO 63141

Website: [doctorej.com](http://doctorej.com)

Dr. Eboni January is dedicated to inspiring and educating audiences through her dynamic speaking engagements. For booking inquiries, please use the information above.